

DISCOVERING THE TOTAL SELF SCHEDULE 2020/2021

Each module is 8 weeks long. Classes run 1 evening per week, 7:00 pm to 9:30 pm unless otherwise noted. Daytime options may be available.
Fee: Each module is \$325 plus HST. \$100 non-refundable deposit required to reserve your space; the balance collected one week prior to course start.

TS-01 Meditation and The Chakras		
○	Andrew Kun	Mon. Sept. 14, 2020 (1:30pm-4pm)
○	Pauline O'Hanlon	Thurs. Sept. 17, 2020
○	Pauline O'Hanlon	Thurs. Nov. 12, 2020
○	TBD	Tues. Jan. 19, 2021
○	Pauline O'Hanlon	Tues. Mar. 16, 2021
○	Pauline O'Hanlon	Thurs. May 13, 2021
○	Pauline O'Hanlon	Thurs. Jul. 8, 2021

TS-02 Spirituality and Higher Self		
○	Harriet Wynne Jones	Mon. Nov. 9, 2020
○	Sabastian Glass	Thurs. Mar. 18, 2021

TS-03 Exploring the Non-Physical		
○	Linda Kuschnir	Mon. Jan. 18, 2021
○	Sabastian Glass	Wed. May 12, 2021

TS-04 The Path of Emotional Healing		
○	Maria Gallé	Mon. Sept. 14, 2020
○	Maria Gallé	Mon. Nov. 9, 2020
○	Maria Gallé	Mon. Jan. 18, 2021
○	TBD	Wed. Mar. 17, 2021
○	Andrew Kun	Mon. May 10, 2021
○	Andrew Kun	Tues. Jul. 6, 2021

TS-05 Spiritual Healing and Energy Transfer*		
○	Maria Gallé	Tues. Nov. 10, 2020
○	Sabastian Glass	Mon. Mar. 15, 2021
○	Harriet Wynne Jones	Tues. May 11, 2021
○	Maria Gallé	Mon. Jul. 5, 2021

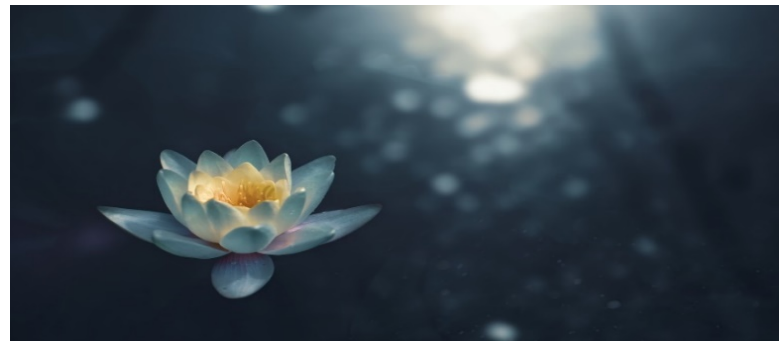
TS-06 The Intuitive Arts*		
○	Sabastian Glass	Tues. Sept. 15, 2020
○	Sabastian Glass	Mon. Nov. 9, 2020
○	Sabastian Glass	Wed. Jan. 20, 2021
○	Harriet Wynne-Jones	Thurs. Mar. 18, 2021
○	TBD	Thurs. May 13, 2021

TS-07 Meeting Your Inner Selves*		
○	Ken Sullivan	Thurs. Jan. 21, 2021
○	Maria Gallé	Wed. May 12, 2021

TS-08 From Child to Adult*		
○	Ken Sullivan	Wed. Sept. 16, 2020
○	Andrew Kun	Mon. Mar. 15, 2021

TS-09 Living Your Higher Self*		
○	Linda Kuschnir	Thurs. Nov. 12, 2020
○	Linda Kuschnir	Thurs. Mar. 18, 2021

TS-10 The Healing Power of Sound**		
○	Sabastian Glass	Mon. Sept. 14, 2020
○	Sabastian Glass	Mon. May 10, 2021



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of Spiritual and Holistic Training

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