

**SUMMER 2020 ON-LINE**  
**The Pandemic Continues...**

**You asked - We listened and have virtually gone digital.**

**A Business and Vision Building Specialty Course**

**Our on-line course offerings are live and interactive with courses and workshops from Discovering the Total Self Program, Holistic Health**

**Our Annual 'Summer Series' – 8 Speakers, 8 subjects in 8 weeks**

**We are Zooming this Year – We invite you to Zoom with us.**

To register 416-484-0454

[tac@transformationalarts.com](mailto:tac@transformationalarts.com)

**2020** - The dawn of a new decade, only to have it slide downwards before it even began, Our known world was sent into a freefall, spiraling into mutual experiences of shock, despair, sadness, and anger. All as a result of a virus left unchecked, our lives were turned upside down. If the first reaction to feeling threatened is fight or flight, there is a third, called freeze. More people than not froze, and many continue to be in a frozen state waiting to see who or how we can get back to normal. It is my personal belief, also held by others, that getting back to normal is not going to happen, in fact it is the worst thing we could do. After years and decades of individuals espousing, meditating, writing, and healing to bring in a new level of consciousness, it is happening. We forgot to ask that the shift would be kind and gentle. Instead we manifested a virus that would shock us into creating “a new normal.” Why might I believe that this is a spiritual crisis? Because Covid-19 is forcing every major issue in the Human Shadow to be forced out into the light. Racism, women’s rights, Ageism and our treatment of our elders, LGBTQ issues, homelessness, inequalities, and inequities, all have presented themselves in a way they must finally be dealt with, not have a band-aid put over it and sent away until the next time when the band-aid has fallen off.

Within a week of the state of emergency being declared, Transformational Arts was up and diving right into getting courses on-line so that students could continue to study but in a decidedly different format. While some have said they are Zoomed out, I am grateful that Zoom.com had arrived in such a format that we were able to move most classes on-line, I am grateful I had \$3,000. to buy our license for Zoom. I am grateful to every teacher who rose to the occasion, learned to teach on Zoom and alter their presentation to allow for distance learning. No one at TAC has a strong technology background or much interest in getting one, we are all practitioners who teach.

We all would love to have you in classes where we can interact as 3 dimensional beings and not a small 2-dimensional photo on a Zoom screen. Now Reality Check and Radical Acceptance, it is not going to happen anytime soon. To those who ask about the Fall, I can only reply that your guess is as good as anyone else’s. No one knows in authority, how can we? It is a challenge to move forward not knowing, another piece for us to learn, to trust, to have faith and continue to believe we are on the right path. We will arrive at a new “normal” eventually, however we need to let go of what was and ready our self for what will be. Comparison of what was, to now, shows our lack of perspective of what is taking place. The world of what was, and its values is at the heart of this pandemic, we cannot allow ourselves to go back.

Transformational Arts has numerous tools and programs to help you navigate our changing world. While we may evolve out of the viral infection phase, we will be left grappling with the changes we need to make but we have little experience of knowing just where or how all of this will come together. Rest assured there are resources both internal and external that you can draw upon and we are here to assist.

I wish you peace, understanding, compassion and strength in the months ahead.  
Live Well, Be Well, Be Blessed.

Gord Riddell,  
President  
Transformational Arts College  
**PS. Humour is always the best medicine!**

Transformational Arts College of Spiritual and Holistic Training  
301-3300 Yonge Street, Toronto, ON. M4N 2L6  
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**TRANSFORMATIONAL ARTS COLLEGE OF SPIRITUAL AND HOLISTIC TRAINING**  
**Virtual Courses/Workshops**

**Discovering the Total Self Program**

<b>TS-01 Meditation and The Chakras*</b>	Krys Jawlosewicz	Tues. July 14. 2020
<b>TS-02 Spirituality and Higher Self</b>	Sabastian Glass	Mon. July 13, 2020
<b>TS-04 The Path of Emotional Healing *</b>	Maria Gallé	Thurs. July 9, 2020
<b>TS-05 Spiritual Healing and Energy Transfer</b>	Maria Gallé	Mon. July 20, 2020

All classes are 7 pm to 9:30 pm \*Pre-requisite course  
\*\*Pre-requisite required

Courses run 8 weeks  
 Each class is 2.5 hours for a total of 20 hours per module

**Tuition fee is \$325 + HST**  
 All classes are held via ZOOM

**Holistic Health Training Program**

**The following on-line courses are open to be taken as Single Courses**

<b>Aromatherapy</b>	Sandy Powell	<b>Sat. July 18 &amp; 25</b> <b>Sat. Aug. 8 &amp; 22</b> All classes begin at 9:30 am <b>Tuition - \$ 2420.</b>
<b>Reiki I</b>	Amanda Williams BA, CNHP, CRHP (Initiation Day - at TAC is full pandemic protocol)	<b>Wed. Aug 5</b> 9:30 am – 5pm <b>Thurs. Aug 6</b> 9:30 to 2 pm <b>Thurs. Aug 12</b> 12 pm to 4 pm <b>Tuition - \$ 350.</b>
<b>Subtle Aromatherapy</b>	Andrea Ashley	<b>Tues. Aug. 18 &amp; 25</b> Time 9:30 to 5 PM <b>Tuition - \$ 440</b>
<b>Pathology</b>	Alexia Georgousis ND	<b>Mon. Aug. 10</b> runs 6 weeks Time: 6:30 to 9:30 pm <b>No Class Sept 7, 2020</b> <b>Tuition - \$ 360.</b>

To register for any of these or other courses or other courses please contact  
 Linda Kuschnir at 416-484-0454 ext. 23 or [lindak@transformationalarts.com](mailto:lindak@transformationalarts.com) or  
 Maria Galle at 416-484-0454 ext. 25 or [mariaq@transformationalarts.com](mailto:mariaq@transformationalarts.com)  
 on-line at [www.transformationalarts.com](http://www.transformationalarts.com) or [tac@transformationalarts.com](mailto:tac@transformationalarts.com)

**Spiritual Directors, Coaches, Holistic Practitioners, Psychotherapists and Counsellors, feeling overwhelmed by all the regulations and requirements to practise? When people ask what you do – do you trip over trying to explain what it is exactly?**

**The JULY Trilogy is open to anyone intent on building a spiritually based practise. This short program will assist with all these issues and help you create a vision for yourself with attainable goal setting . You will also walk away with clarity around when you are counselling someone and when it is the Controlled Act of Psychotherapy. With a combined 60 years of Mind, Body and Spiritual Health, Gord and Alexia have a few trade tips to get you up and running within the scope of the law.**

## **The JULY ‘Make it Happen’ Trilogy**

**Three Evenings with Gord Riddell RP and Alexia Georgousis ND**

**Tuesday Evenings 7:00 – 10:00 PM**

**Tuition \$290**

**July 14, 21, and 28**

**Class 1** -Business models for Spiritual Careers or How to make a living and be Spiritual. How to earn a living , pay taxes and take pride in you career

From Hourly rates, selling your services, branding, & marketing, Who is your client, Advertising, keeping accounts, client records, regulatory bodies, HST

Class 1 - Part 2 – Envisioning your Practise – what does it look like, where is it? Who follows your work. Why are you into this work. What motivates you?

**Class 2** - The Psychotherapy Act, Controlled Act of Psychotherapy and the Therapeutic Alliance Explained

This is critically important to understand and know what it means to counsel, teach , direct, and when is it the Controlled Act of Psychotherapy.

Class 2 - Part 2 – Moving with Class #1 – this visioning involves playing your ideas off of a small group experience. Idea sharing, generating, and defining your practise.

**Class 3**- Role plays of the various Acts like the Controlled Act to drive home what is regulated. Learn to explain, with confidence, what it is you do in your practise, succinctly. What will continue to motivate you in your practice? A Closure Ritual.

**Who’s Who – Gord Riddell** is a Registered Psychotherapist, Clinical Supervisor, Spiritual Director and Coach. He Co-Founded Transformational Arts in 1988 and has been running the College since as well a private Practise.

**Alexia Georgousis** is a Doctor of Naturopathic Medicine. She maintains a private practice as well as teaches at Transformational Arts. She has extensive Clinical experience in education.

**Together** they Host a weekly talk show called **‘Things Worth Considering’** on VoiceAmerica Talk Radio.

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# TAC Annual Summer Speaker Series Schedule

8 SUBJECTS	8 SPEAKERS	8 WEEKS
3 hour mini-workshops Transferable	Wednesday evenings Full Summer Series all 8 for only \$275	Fee:\$40 per experience All Sales Final
1. Realigning your Vital Life Force with Homeopathy and Bach Flower Remedies	<b>Dr. Alexia Georgousis</b> , Doctor of Naturopathic Medicine, On Faculty at Transformational Arts College	Wed July 8, 2020 7 pm to 9:45 pm ET
2. Afterlife Explorations	<b>Linda Kuschmir</b> , RP, Spiritual Director, Coach. Managing Director of Transformational Arts. Faculty member	Wed. July 22, 2020 7 to 9:45 pm ET
3. Intuitive Development and Mediumship	<b>Karen Jay Moore</b> , RP (qualifying) and <b>Barbara Allin</b>	Wed. July 29, 2020 7 pm to 9:45 pm ET
4. Psychic Guidance & Protection.	<b>Sabastian Glass</b> - Reiki Master, Admin Assistant and Faculty member	Wed. Aug. 5, 2020 7 pm to 9:45 pm ET
5. Your Reality - Understanding Your Thoughts, Feelings And Perceptions	<b>Deb Maybury</b> RP (qualifying) Author of the book, 'Open the Door" and a Faculty member	Wed. Aug. 12, 2020 7 pm to 9:45 pm ET
6. Your Home, Your Life, Your Story	<b>Krys Jawlosewicz</b> RP (ret.), Spiritual Director, Faculty member	Wed. Aug. 19, 2020 7 pm to 9:45 pm ET
7. Relationships and Karma	<b>Maria Galle</b> RP, Spiritual Director, Coach. Holistic Co-ordinator at TAC	Wed. Aug. 26 , 2020 7 pm to 9:45 pm ET
8. What Every Woman Wants To Know About Men And What Every Man Wants To Know About Men	<b>Gord Riddell</b> RP, BSSc., Clinical Supervisor, Spiritual Director, Coach. Co-Founder of Transformational Arts College (Pronouns-He, His)	Wed. Sept. 2, 2020 7 pm to 9:45 pm ET

Each 3-hour mini workshop/experience is \$40.00 - HST is included.  
 You may purchase all 8 lectures for \$275.00 - HST included.  
 That saves you \$45.00 off the single price. At this time - Evening held via ZOOM.COM  
 If you purchase the full package you will receive a tuition tax credit for the full amount and your tickets are transferable – bring a friend or can't make it then give it to someone else to enjoy the evening. Register on-line at [www.transformationalarts.com](http://www.transformationalarts.com) or email [tac@transformationalarts.com](mailto:tac@transformationalarts.com) or call 416-484-0454 and leave a message

# TAC SUMMER SERIES 2020 – THE DETAILS

## **1. REALIGNING YOUR VITAL LIFE FORCE with HOMEOPATHY and BACH FLOWER REMEDIES – July 8**

Are you curious about homeopathy and Bach flower remedies, wondering what they are exactly and how they work? In homeopathy, symptoms are the expression of the misalignment of our vital (life) force. And, since we are all different, the experience of the illness warrants a specific medicine for the expression of disease. Bach Flower remedies are similar to homeopathy but follow different principles. In this session, you will explore the differing perspectives of disease and the experience of dis-ease, as well as learn the basic principles and differences between Homeopathic and Bach Flower remedies and begin to see flowers very differently.

**When: Wednesday July 8, 2020, 7:00 to 9:45 pm**

**With: Dr. Alexia Georgousis, Naturopathic Doctor, CPC**

## **2. AFTERLIFE EXPLORATIONS – July 22**

More and more credible individuals are revealing what they have gone through in their near-death experiences. What are those experiences saying about the afterlife? This evening will explore the latest revelations and evidence for a world beyond death indicating some kind of continuity of consciousness. What are the possibilities? How do these near-death experiences relate to consciousness in this life? Is it possible to prepare for a transition to an ideal afterlife? How does our understanding of “the other side” lead to being able to live a more meaningful life now?

**When: Wednesday July 22, 2020, 7:00 to 9:45 pm**

**With: Linda Kuschnir, Registered Psychotherapist, Spiritual Director, Reiki Master, Life Coach**

## **3. INTUITIVE DEVELOPMENT AND MEDIUMSHIP – JULY 29**

Communication with spirit is sacred, as is providing a sitter with an intuitive soul-based reading. Both have the greatest potential to help put us on the path to healing emotionally, increase our understanding of our soul’s needs or open our mind to new possibilities. This will be an interactive session where you will learn and practice skills that will enhance your connection and understand your own gifts more fully.

**When: Wednesday July 29, 2020, 7:00 to 9:45 pm**

**With: Karen Jay Moore, Registered Psychotherapist, Medium, & Holistic Practitioner and Barbara Allin, Medium & Reiki Practitioner**

## **4. READING CLEARLY: TIPS AND TOOLS FOR THE EVERYDAY PSYCHIC – August 5**

Do you often feel bombarded by the amount of “information” that comes to you in social environments? Is it difficult to distinguish between your own experiences and those of others around you? A day in the life of an Empath can be quite... challenging! But you are not alone. This workshop will look more closely at the kinds of experiences typical for Empaths, assist in better understanding them, and offer practical tips and tools to help manage empathic experiences so that these no longer overwhelm.

**When: Wednesday August 5, 2020, 7:00 to 9:45 pm**

**With: Sabastian Glass, Spiritual Director, Reiki Master**

**Tuition can be paid by credit card over the phone, mailed via Canada Post or e-transferred via e-mail. All courses with tuition over \$100 will be eligible to receive a tuition tax credit.**

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### **5. YOUR REALITY - UNDERSTANDING YOUR THOUGHTS, FEELINGS AND PERCEPTIONS – August 12**

In this session we will explore:

How often you are actually aware of your innermost thoughts.

Are your thoughts really your thoughts?

How your preoccupation with mind chatter creates Your Reality.

How to think beyond your brain's survival mechanism in daily, as well as challenging times.

Becoming more aware of your unconscious thoughts, feelings, and habits through exploring your inner unknown with curiosity and an open mind.

Create your thoughts - create your reality.

**When: Wednesday August 12, 2020, 7:00 to 9:45 pm**

**With: Deb Maybury, Registered Psychotherapist- Qualifying, Brainspotting Therapist, Author of, 'Unlock The Door - Beyond Sexual Abuse.' Speaker, Coach, Group Facilitator.**

### **6. YOUR HOME, YOUR LIFE, YOUR STORY – August 19**

What does home mean to you? Is your home a peaceful sanctuary that is nourishing and energizing?

Does it support your life goals, dreams, and visions? Join me on a journey of self-discovery to explore how our homes reflect who we are inside, and why and how we live where we do. Learn how our homes can empower or hinder us, to embrace our dreams and bring balance to all aspects of our lives, including health, wealth, and relationships. Discover energetic patterns that support or hinder you, as well as practical tools to empower you.

**When: Wednesday August 19, 2020, 7:00 to 9:45 pm**

**With: Kryz Jawlosewicz, Registered Psychotherapist (Ret), Spiritual Director, Soul Coach™ and Certified House Whispering Practitioner**

### **7. RELATIONSHIPS AND KARMA – August 26**

Many of us find ourselves repeating the same patterns, whether it is in a romantic relationship or relationships with family, friends, or coworkers. If we stop and look, we realize that these patterns are also repeated by many of our family members. We may have inherited these characteristics from our ancestors but do not realize how they continue to affect our lives today. Join us for an evening of discussion and learn how to break ancestral patterns and heal the karma.

**When: Wednesday August 26, 2020, 7:00 to 9:45 pm**

**With: Maria Gallé, Registered Psychotherapist, Reiki Master, and Coach**

### **8. WHAT EVERY WOMAN WANTS TO KNOW ABOUT MEN AND WHAT EVERY MAN WANTS TO KNOW ABOUT MEN – September 2**

Women are often reprimanded for being complicated creatures, but the truth is that men can be just as guilty of sending mixed signals. Our own internal signals oft times are mixed. We have more in common than different, but the differences drive us apart. The Male Archetype is aggressive, angry, and very protective but in reality, men love compliments and recognition for what we do. Women are seen as nurturing, loving, intuitive and creative, men are not seen having these qualities. Men are solo hunters and when in pain: isolationists. It is time for dialoging, not by gender separation but women and men to each other. Join me as we get this dialogue revved up, remembering we are created with 2 ears and one mouth, and a sense of humour, let us use accordingly.

**When: Wednesday September 2, 2020, 7:00 to 9:45 pm**

**With: Gord Riddell, Registered Psychotherapist, Co-founder Transformational Arts College, Ordained Spiritualist Minister, Spiritual Director, Life Coach, and cis male.**

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## THINGS WORTH CONSIDERING

Beginning Thursday July 16, we are going live to air.  
 You will be able to call in and join the conversation.  
**BONUS - Each presenter will be giving a one-hour interview  
 6 days ahead of their presentation (and this is free!)**  
 Live on Thursdays At 8 PM ET as of July 16

### THIS IS THE RADIO INTERVIEW SCHEDULE.

Presenter	Presentation Title	Thursday with Live Interviews
Alexia Georgousis	Realigning your vital life force with Homeopathy and Bach flower remedies	Aired July 2 <sup>nd</sup>
Linda Kuschnir	Afterlife Explorations	<b>July 16</b>
Karen J. Moore, Barbara Allin	Intuitive Development and Mediumship	<b>July 23</b>
Sabastian Glass	Psychic Guidance & Protection	<b>July 30</b>
Deb Maybury	Your Reality – Understanding Your Thoughts, Feelings And Perceptions	<b>August 6</b>
Krys Jawlosewicz	Your Home, Your Life, Your Story	<b>August 13</b>
Maria Galle	Relationships and Karma	<b>August 20</b>
Gord Riddell	What Every Woman Wants To Know About Men And What Every Man Wants To Know About Men	<b>August 27</b>

LISTEN: <https://www.voiceamerica.com/show/3824/things-worth-considering>

**CALL IN TO JOIN US : 888-346-9141 This is toll-free**



<b>Spiritual Director Program</b>		
<b>Unit 1 – Our Mystical Search</b>	Various Lecturers	Wednesdays September 2020
<b>Unit 2 – Divine Guidance, Ritual and Ceremony</b>	Gord Riddell, RP Maria Galle RP, Linda Kuschnir, RP Pauline O’Hanlon RP	Wednesdays January 2021
<b>Coaching Certificate Program</b>		
<b>Coaching Program</b>	Maria Galle RP	Wednesdays – September 2020
<b>Counselling Workshops</b>		
<b>There are no Counselling Workshops during this summer’s programming.</b>		

## WHAT YOU NEED TO KNOW ABOUT ONLINE LEARNING

**All Courses and Lectures are Live and Interactive. This means the instructors are in real time. You are not watching something previously recorded.**

**Please try to be on-time at least within 5 minutes of start to avoid distracting other students.**

**If there are handouts, they will be emailed to you prior to class. Please check your in-box for any email from TAC.**

**Every effort is made to keep the same meeting number and password for the duration of your program. The exception is Summer Series where a different number has to be generated as they are a pay as you go event. You will receive your sign-in info 24 hours before the class or event. Or if it is last minute, at the time of your registration.**

**There are no refunds for the Weekly Summer Series. However, the tickets are transferable and someone else can use your ticket.**

**There are No refunds for the July Trilogy. Discovering the Total Self refund policy is the tuition fee paid minus the deposit minus 1 or 2 classes, the difference is refundable. No refunds after the second class.**

**There are refund policies for Holistic Health- please check at time of registration for your specific course. They are variable.**

**Importantly, have fun learning.**

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# Registration

Name:		
Address:		
City:	Province/State:	
Postal Code:		
Telephone:		
Cell Phone:	Business Phone:	
E-mail:		
If for any reason we needed to contact you - what method is best?		
You are registering for? Course Code:		(if listed)
Course Title:		
Tuition Fee:		
Payment Method:    0 -cheque    0 -Interact    0 -Visa or Mastercard		
Card Number:		Expiry Date:
CCV:	Name on card:	
Office use only: Payment :	O/S:	Application Rec'd:
<b>COME ZOOM WITH US!</b>		



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