



Transformational Arts College
OF SPIRITUAL AND HOLISTIC TRAINING

COACHING CERTIFICATE PROGRAM

September to December 2022

Dated: June 14, 2022

Date and Time / Attendance	Subject and Instructor	Notes
Tuesday September 13, 2022 7:00 to 10:00 PM	(1) What is Coaching: Therapy vs. Coaching with Maria Gallé	
Saturday September 17, 2022 10:00 AM to 1:00 PM & 2:00 to 5:00 PM	(2) Mind Mapping & (3) Small Steps → Larger Vision with Maria Gallé	
Tuesday Septmber 20, 2022 7:00 to 10:00 PM	(4) Coaching from the Soul: Passions / Motivators with Maria Gallé	
Tuesday September 27, 2022 7:00 to 10:00 PM	(5) Fear – Your Comfort Zone / Conflict Resolution Role Play with Maria Gallé	
Tuesday October 4, 2022 7:00 to 10:00 PM	(6) Fear of Failure/Success with Maria Gallé	
Tuesday October 11, 2022 7:00 to 10:00 PM	(7) Listening Skills /Communication with Maria Gallé	
Tuesday October 18, 2022 7:00 to 10:00 PM	(8) Intake Assessment / Flow with Maria Gallé	Case studies assigned
<i>Wed. Oct 25, 2022</i>	<i>NO CLASS</i>	
<i>Wed. Nov 1, 2022</i>	<i>NO CLASSES</i>	
<i>Wed. Nov 8, 2022</i>	<i>NO CLASSES</i>	
Tuesday November 15, 2022 7:00 to 10:00 PM	(9) Round Table – Case Study Review with Maria Gallé	

Coaching Schedule Sept -Dec 2022: Dated: June 14, 2022

Schedule subject to change.

Date and Time / Attendance	Subject and Instructor	Notes
Tuesday November 22, 2022 7:00 to 10:00 PM	(10) Relationship Theory / Resistance to Growth with Maria Gallé	
Tuesday November 29, 2022 7:00 to 10:00 PM	(11) Challenging Your Client – Too Busy – No Time / Role Plays with Maria Gallé	
Tuesday December 6, 2022 7:00 to 10:00 PM	(12) Round Table – Case Study Review, taking Notes, Fees, Ethics - All assignments must be handed in with Maria Gallé	

LIST OF ASSIGNMENTS:

<u>Assignment</u>	<u>Due Date</u>	
First case study	Tues. Nov. 15, 2022	
Intake assignment	Tues. Nov. 15, 2022	
What have you discovered about: Yourself? Coaching?	Tues. Nov. 15, 2022	
Second case study	Tues. Dec. 6, 2022	
The coaching experience Write up on your goal Write up on your in-class coach	Tues. Dec. 6, 2022	

Certificates issued after all graduation requirements successfully completed.