

SPIRITUAL DIRECTOR TRAINING PROGRAM

Group SD-Z Schedule 2022-2023

June 15, 2022

Date / Time / Attendance	Subject and Instructor	Assignments / Tools
September 14, 2022 Wednesday - 6:30 PM to 9:30 PM	Unit 1 (1) – On Becoming a Spiritual Director: Definition, Role, History with Linda Kuschnir	<i>Journal Questions #1-8</i> <i>Assigned (due Dec. 7/212)</i>
September 21, 2022 Wednesday - 6:30 PM to 9:30 PM	Unit 1 (2) Christianity & Sacred Texts with Sabastian Glass	<i>Spiritual Autobiography</i> <i>Assigned (due Jan. 4/23)</i>
September 28, 2022 Wednesday - 6:30 PM to 9:30 PM	Unit 1 (3) Christian Mystics with Sabastian Glass	
October 5, 2022 Wednesday - 6:30 PM to 9:30 PM	Unit 1 (4) Islam with Carmen Kattan	
October 12, 2022 Wednesday - 6:30 PM to 9:30 PM	Unit 1 (5) Diversity with Jennifer Drummond	<i>Reflection Assignment (due</i> <i>Nov. 3/22)</i>
October 19, 2022 Wednesday - 6:30 PM to 9:30 PM	Unit 1 (6) Wicca/Pagan/Goddess Religions with Tiffany Lazic	
October 26, 2022 Wednesday - 6:30 PM to 9:30 PM	Unit 1 (7) Buddhism with Alex Perklita	
November 2, 2022 Wednesday - 6:30 PM to 9:30 PM	Unit 1 (8) Judaism & Kabbalah with Esther Lithwick	<i>Reflection Assignment Due</i>
November 9, 2022 Wednesday - 6:30 PM to 9:30 PM	Unit 1 (9) Shamanism with Christy DiFelice	
November 16, 2022 Wednesday - 6:30 PM to 9:30 PM	Unit 1 (10) Hinduism with Nina Menrai	
November 23, 2022 Wednesday - 6:30 PM to 9:30 PM	Unit 1 (11) Indigenous & Native Spirituality with Virginia Ervin	
November 30, 2022 Wednesday - 6:30 PM to 9:30 PM	Unit 1 (12) Diversity with Jennifer Drummond	
December 7, 2022 Wednesday - 6:30 PM to 9:30 PM	Unit 1 (13) Summary & Practicum with Maria Gallé	<i>Journal Questions #1-8 Due</i>
HAPPY HOLIDAYS!		
January 4, 2023 Wednesday – 6:30 PM to 9:30 PM	Unit 2 (1) Divine Guidance with Linda Kuschnir	<i>Spiritual Autobiography</i> <i>Assignment due</i> <i>Journal Questions #9-13</i> <i>assigned (due. Feb. 15/23)</i>
January 11, 2023 Wednesday – 6:30 PM to 9:30 PM	Unit 2 (2) Consulting Oracles with Linda Kuschnir	
January 18, 2023 Wednesday – 6:30 PM to 9:30 PM	Unit 2 (3) Mystery Schools with Pauline O’Hanlon	
January 25, 2023 Wednesday – 6:30 PM to 9:30 PM	Unit 2 (4) Rites of Passage/Sacred Space with Gord Riddell	
February 1, 2023 Wednesday – 6:30 PM to 9:30 PM	Unit 2 (5) Ritual 1-Elements with Maria Gallé	
February 8, 2023 Wednesday – 6:30 PM to 9:30 PM	Unit 2 (6) Ritual 2-Divine Connection to Soul with Maria Gallé	<i>Closing Ritual Assigned (due</i> <i>Jun. 21/23)</i>

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February 15, 2023 Wednesday - 6:30 PM to 9:30 PM	Unit 2 (7) Demystifying Channeling with Gord Riddell	<i>Journal Questions #9-13 Due</i>
February 22, 2023 Wednesday – 6:30 PM to 9:30 PM	Unit 3 (1) Mindful Living/Conscious Dying – End of Life Certificate Course – Opening to explore Mindful Living/Conscious Dying – Living in a death-denying and youth-oriented society with Gord Riddell	<i>-Creating an Altar/Sacred Space (due May 31/23)</i> <i>Journal Questions #14-18 Assigned (due May 3/23)</i>
March 1, 2023 Wednesday – 6:30 PM to 9:30 PM	Unit 3 (2) Living our Dying – Embracing the Mystery, Exploring Death Cycles with Gord Riddell	
March 8, 2023 Wednesday – 6:30 PM to 9:30 PM	Unit 3 (3) What We Can Learn from Other Spiritual Traditions with Gord Riddell	
March 15, 2023 (No class)	MARCH BREAK	
March 22, 2023 Wednesday – 6:30 PM to 9:30 PM	Unit 3 (4) Embracing our Mortality: Pain & Suffering, Medically Assisted Suicide with Gord Riddell	
March 29, 2023 Wednesday – 6:30 PM to 9:30 PM	Unit 3 (5) Legal Preparedness and Ethics: Estates, Wills, Living Wills, Power of Attorney, Ceremony and Ritual with Gord Riddell	
April 5, 2023 Wednesday– 6:30 PM to 9:30 PM	Unit 3 (6) How We Can Help Others: Being with the Dying – Palliative Care, Hospice, Respite, Having a Good Death with Gord Riddell	
April 12, 2023 Wednesday – 6:30 PM to 9:30 PM	Unit 3 (7) Caring for Ourselves – End of Life, Needs of the Dying – Preparing for the Moment of Death with Gord Riddell	
April 19, 2023 Wednesday – 6:30 PM to 9:30 PM	Unit 3 (8) Greiving/Bereavement, Body Internment, Funerals, Celebration of Life with Gord Riddell	
April 26, 2023 Wednesday – 6:30 PM to 9:30 PM	Unit 3 (9) Role Play Practice Sessions with Gord Riddell	
May 3, 2023 Wednesday – 6:30 PM to 9:30 PM	Unit 3 (10) Eulogies with Gord Riddell	<i>Journal Questions #14-18 Due</i>
May 10 , 2023 Wednesday – 6:30 PM to 9:30 PM	Unit 4 (1) Review of Spiritual Direction vs. Psychotherapy, Goals & Issues, Consolidating SD Role with Linda Kuschnir	<i>Journal Questions #19-23 Assigned (due Jun 21/23)</i>
May 17, 2023 Wednesday - 6:30 PM to 9:30 PM	Unit 4 (2) Spirituality, Universal/Spiritual Laws with Linda Kuschnir	
May 24, 2023 Wednesday - 6:30 PM to 9:30 PM	Unit 4 (3) Higher purpose , Soul & Ego Drives with Linda Kuschnir	
May 31, 2023 Wednesday - 6:30 PM to 9:30 PM	Unit 4 (4) Spiritual Awakening / Dark Night of the Soul, Integration with Linda Kuschnir	<i>Creating an Altar / Sacred Space Assignment due</i>
June 7, 2023 Wednesday - 6:30 PM to 9:30 PM	Unit 4 (5) Dark Night/Spiritual Emergency, Case Studies Review	

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	with Linda Kuschnir	
June 14, 2023 Wednesday - 6:30 PM to 9:30 PM	Unit 4 (6) Dark Passions & Graces with Linda Kuschnir	<i>Case Studies Assigned (due for graduation)</i>
June 21, 2023 Wednesday - 6:30 PM to 9:30 PM	Unit 4 (7) Closing Ritual with Linda Kuschnir Gord Riddell, Maria Gallé, Sabastian Glass, et al	<i>Closing Ritual - Attendance required for graduation</i> <i>Journal Questions #19-23 Due</i>

Graduation: Diplomas are issued after all requirements for graduation have been met.