



Transformational Arts College
OF SPIRITUAL AND HOLISTIC TRAINING

COACHING CERTIFICATE PROGRAM

September to December 2023

Dated: May 18, 2023

Date and Time / Attendance	Subject and Instructor	Notes
Tuesday September 12, 2023 7:00 to 10:00 PM	(1) What is Coaching: Therapy vs. Coaching with Maria Gallé	
Saturday September 16, 2023 10:00 AM to 1:00 PM & 2:00 to 5:00 PM	(2) Mind Mapping & (3) Small Steps → Larger Vision with Maria Gallé	
Tuesday Septmber 19, 2023 7:00 to 10:00 PM	(4) Coaching from the Soul: Passions / Motivators with Maria Gallé	
Tuesday September 26, 2023 7:00 to 10:00 PM	(5) Fear – Your Comfort Zone / Conflict Resolution Role Play with Maria Gallé	
Tuesday October 3, 2023 7:00 to 10:00 PM	(6) Fear of Failure/Success with Maria Gallé	
Tuesday October 10, 2023 7:00 to 10:00 PM	(7) Listening Skills /Communication with Maria Gallé	
Tuesday October 17, 2023 7:00 to 10:00 PM	(8) Intake Assessment / Flow with Maria Gallé	Case studies assigned
<i>Tues. Oct 24, 2023</i>	<i>NO CLASS</i>	
<i>Tues. Oct 31, 2023</i>	<i>NO CLASS</i>	
<i>Tues. Nov 7, 2023</i>	<i>NO CLASS</i>	
Tuesday November 14, 2023 7:00 to 10:00 PM	(9) Round Table – Case Study Review with Maria Gallé	

Date and Time / Attendance	Subject and Instructor	Notes
Tuesday November 21, 2023 7:00 to 10:00 PM	(10) Relationship Theory / Resistance to Growth with Maria Gallé	
Tuesday November 28, 2023 7:00 to 10:00 PM	(11) Challenging Your Client – Too Busy – No Time / Role Plays with Maria Gallé	
Tuesday December 5, 2023 7:00 to 10:00 PM	(12) Round Table – Case Study Review, taking Notes, Fees, Ethics - <i>All assignments must be handed in</i> with Maria Gallé	

LIST OF ASSIGNMENTS:

<u>Assignment</u>	<u>Due Date</u>	
First case study	Tues. Nov. 14, 2023	
Intake assignment	Tues. Nov. 14, 2023	
What have you discovered about: Yourself? Coaching?	Tues. Nov. 14, 2023	
Second case study	Tues. Dec. 5, 2023	
The coaching experience Write up on your goal Write up on your in-class coach	Tues. Dec. 5, 2023	

Certificates issue after all graduation requirements successfully completed.