



HOLISTIC HEALTH PRACTITIONER
GROUP B – Part-time

February 2024 to January 2026

Dated: January 2, 2024

Onsite delivery unless otherwise specified.

Date and Time / Attendance	Subject and Instructor	Notes
February 6, 2024 Tuesday - 6:30 PM to 7:00 PM	Orientation Linda Kuschnir & Maria Gallé	
February 6, 2024 Tuesday - 7:00 PM to 10:00 PM	Anatomy & Physiology (1) Joe Palumbo	
February 10, 2024 Saturday - 10:00 AM to 5:30 PM	Aromatherapy (1) Andrea Ashley	ONSITE
February 11, 2024 Sunday - 10:00 AM to 5:30 PM	Aromatherapy (2) Andrea Ashley	<i>ONLINE</i>
February 13, 2024 Tuesday - 7:00 PM to 10:00 PM	Anatomy & Physiology (2) Joe Palumbo	
February 20, 2024 Tuesday - 7:00 PM to 10:00 PM	Anatomy & Physiology (3) Joe Palumbo	
February 27, 2024 Tuesday – 7:00 PM to 10:00 PM	Anatomy & Physiology (4) Joe Palumbo	
February 24, 2024 Saturday - 10:00 AM to 5:30 PM	Aromatherapy (3) Andrea Ashley	<i>ONLINE</i>
February 25, 2024 Sunday - 10:00 AM to 5:30 PM	Aromatherapy (4) Andrea Ashley	<i>ONLINE</i>
March 5, 2024 Tuesday – 7:00 PM to 10:00 P	Anatomy & Physiology (5) Joe Palumbo	
March 12 2024	NO CLASS – MARCH BREAK	

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HOL-B part-time FEB 2024 to JAN 2026

Schedule subject to change

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March 16, 2024 Saturday - 10:00 AM to 5:30 PM	Aromatherapy (5) Andrea Ashley	<i>ONLINE</i>
March 17, 2024 Sunday - 10:00 AM to 5:30 PM	Aromatherapy (6) Andrea Ashley	<i>ONLINE</i>
March 19, 2024 Tuesday - 7:00 PM to 10:00 PM	Anatomy & Physiology (6) Joe Palumbo	
March 26, 2024 Tuesday – 7:00 PM to 10:00 PM	Anatomy & Physiology (7) Joe Palumbo	
April 2, 2024 Tuesday – 7:00 PM to 10:00 PM	Anatomy & Physiology (8) Joe Palumbo	
April 9, 2024 Tuesday – 7:00 PM to 10:00 PM	Anatomy & Physiology (9) Joe Palumbo	
April 6, 2024 Saturday - 10:00 AM to 5:30 PM	Aromatherapy (7) Andrea Ashley	<i>ONSITE</i>
April 7, 2024 Sunday - 10:00 AM to 5:30 PM	Aromatherapy (8) Andrea Ashley	<i>ONLINE</i>
April 16, 2024 Tuesday – 7:00 PM to 10:00 PM	Anatomy & Physiology (10) Joe Palumbo	
April 23, 2024 Tuesday – 7:00 PM to 10:00 PM	Anatomy & Physiology (11) Joe Palumbo	
April 30, 2024 Tuesday – 7:00 PM to 10:00 PM	Anatomy & Physiology (12) Joe Palumbo	
April 27, 2024 Saturday - 10:00 AM to 5:30 PM	Aromatherapy (9) Andrea Ashley	<i>ONLINE</i>
April 28, 2024 Sunday - 10:00 AM to 5:30 PM	Aromatherapy (10) Andrea Ashley	<i>ONLINE</i>

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Schedule subject to change

Date and Time / Attendance	Subject and Instructor	Notes
May 7, 2024 NOTE TIME CHANGE Tuesday – 6:30 PM to 9:30 PM	Pathology (1) Alexia Georgousis	
May 11, 2024 Saturday - 10:00 AM to 5:30 PM	Aromatherapy (11) Andrea Ashley	<i>ONSITE</i>
May 12, 2024 Sunday - 10:00 AM to 5:30 PM	Aromatherapy (12) Andrea Ashley	<i>ONLINE</i>
May 14, 2024 Tuesday - 6:30 PM to 9:30 PM	Pathology (2) with Alexia Georgousis	
May 21, 2024 Tuesday - 6:30 PM to 9:30 PM	Pathology (3) with Alexia Georgousis	
May 28, 2024 Tuesday - 6:30 PM to 9:30 PM	Pathology (4) with Alexia Georgousis	
June 1, 2024 Saturday - 10:00 AM to 5:30 PM	Aromatherapy (13) Andrea Ashley	<i>ONLINE</i>
June 2, 2024 Sunday - 10:00 AM to 5:30 PM	Aromatherapy (14) Andrea Ashley	<i>ONLINE</i>
June 4, 2024 Tuesday - 6:30 PM to 9:30 PM	Pathology (5) with Alexia Georgousis	
June 11, 2024 Tuesday - 6:30 PM to 9:30 PM	Pathology (6) with Alexia Georgousis	
June 18, 2024 Tuesday - 6:30 PM to 9:30 PM	Pathology (7) with Alexia Georgousis	
June 22, 2024 Saturday - 10:00 AM to 5:30 PM	Aromatherapy (15) Andrea Ashley	<i>ONSITE</i>

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Date and Time / Attendance	Subject and Instructor	Notes
June 23, 2024 Sunday - 10:00 AM to 5:30 PM	Aromatherapy (16) Andrea Ashley	<i>ONSITE</i>
<i>Tuesday June 25, 2024</i>	<i>NO CLASS</i>	
July 2, 2024 Tuesday - 7:00 PM to 10:00 PM	Swedish Basics (1) with Joe Palumbo	
July 9, 2024 Tuesday - 7:00 PM to 10:00 PM	Swedish Basics (2) with Joe Palumbo	
July 13, 2024 Saturday – 9:30 AM to 5:00 PM	Counselling Skills (1) (Listening Skills) with Maria Gallé	
July 14, 2024 Sunday – 9:30 AM to 5:00 PM	Counselling Skills (2) (Listening Skills) with Maria Gallé	
July 16, 2024 Tuesday – 7:00 to 10:00 PM	Swedish Basics (3) with Joe Palumbo	
July 23, 2024 Tuesday - 7:00 PM to 10:00 PM	Swedish Basics (4) with Joe Palumbo	
July 30, 2024 Tuesday - 7:00 PM to 10:00 PM	Swedish Basics (5) with Joe Palumbo	
August 6, 2024 Tuesday - 7:00 PM to 10:00 PM	Swedish Basics (6) with Joe Palumbo	
August 10, 2024 Saturday – 10:00 AM to 4:00 PM	Counselling Skills (3) (Coaching & Conflict Resolution) with Maria Gallé	
August 11, 2024 Sunday – 10:00 AM to 5:00 PM	Colour Therapy with Sabastian Glass	

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Date and Time / Attendance	Subject and Instructor	Notes
August 13, 2024 Tuesday - 7:00 PM to 10:00 PM	Swedish Basics (7) with Joe Palumbo	
<i>Tuesday August 20, 2024</i>	<i>NO CLASS</i>	
<i>Tuesday August 27, 2024</i>	<i>NO CLASS</i>	
September 3, 2024 Tuesday - 7:00 PM to 10:00 PM	Swedish Basics (8) with Joe Palumbo	
September 10, 2024 Tuesday - 7:00 PM to 10:00 PM	Swedish Basics (9) with Joe Palumbo	
September 14, 2024 Saturday - 9:30 AM to 5:00 PM	Nutrition (1-3) with Ara Wiseman/Hannah Saville	
September 15, 2024 Sunday - 9:30 AM to 5:00 PM	NUTRITION (4-5) with Ara Wiseman/Hannah Saville	
September 17, 2024 Tuesday - 7:00 PM to 10:00 PM	Swedish Basics (10) with Joe Palumbo	
September 24, 2024 Tuesday - 7:00 PM to 10:00 PM	Swedish Basics (11) with Joe Palumbo	
October 4, 2024 Saturday - 9:30 AM to 5:00 PM	Reiki I (1) with Michal Ziskind	
September 15, 2024 Sunday - 9:30 AM to 5:00 PM	Reiki I (2) with Michal Ziskind	
October 8, 2024 NOTE TIME CHANGE Tuesday – 6:30 to 9:30 PM	Homeopathy (1) with Alexia Georgousis	

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Date and Time / Attendance	Subject and Instructor	Notes
October 15, 2024 Tuesday – 6:30 to 9:30 PM	Homeopathy (2) with Alexia Georgousis	
October 22, 2024 Tuesday – 6:30 to 9:30 PM	Homeopathy (3)	
October 26, 2024 Saturday – 9:30 AM to 5:00 PM	Nutrition (6-8) with Ara Wiseman/Hannah Saville	
October 27, 2024 Sunday – 9:30 AM to 5:00 PM	Nutrition (9-10) with Ara Wiseman/Hannah Saville	
October 29, 2024 Tuesday – 6:30 to 9:30 PM	Homeopathy (4) with Alexia Georgousis	
November 5, 2024 Tuesday – 6:30 to 9:30 PM	Homeopathy (5) with Alexia Georgousis	
November 12, 2024 Tuesday – 6:30 to 9:30 PM	Homeopathy (6) with Alexia Georgousis	
November 16, 2024 Saturday - 11:00 AM to 6:30 PM	Chakra Studies II (1-3) with Krys Jawlosewicz	
November 17, 2024 Sunday – 11:00 AM to 6:30 PM	Chakra Studies II (4-5) with Krys Jawlosewicz	
November 19, 2024 Tuesday – 6:30 to 9:30 PM	Homeopathy (7) with Alexia Georgousis	
November 26, 2024 Tuesday – 6:30 to 9:30 PM	Homeopathy (8) with Alexia Georgousis	
December 3, 2024 Tuesday – 6:30 to 9:30 PM	Homeopathy (9) with Alexia Georgousis	
December 7, 2024 Sunday – 11:00 AM to 6:30 PM	Chakra Studies II (6-8) with Krys Jawlosewicz	

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Date and Time / Attendance	Subject and Instructor	Notes
December 8, 2024 Sunday – 11:00 AM to 6:30 PM	Chakra Studies II (6-8) with Krys Jawlosewicz	
December 10, 2024 Monday– 6:30 to 9:30 PM	Homeopathy (10) with Alexia Georgousis	Zoom Make-up Class
December 17, 2024 Tuesday – 6:30 to 9:30 PM	Homeopathy (11) with Alexia Georgousis	
December 24, 2024	NO CLASS – HAPPY HOLIDAYS	
December 31, 2024	NO CLASS – HAPPY HOLIDAYS	
January 11, 2025 Saturday – 10:00 AM to 5:30 PM	Subtle Aromatherapy (1) with Andrea Ashely	
January 12, 2025 Sunday – 10:00 AM to 5:30 PM	Subtle Aromatherapy (2) with Andrea Ashely	
<i>Tuesday January 7 2025</i>	<i>NO CLASS</i>	
January 14 2025 Tuesday – 7:00 to 10:00 PM	Diversity & Multiculturalism (1) with Jennifer Drummond	
<i>Tuesday January 21, 2025</i>	<i>NO CLASS</i>	
January 28, 2025 Tuesday – 7:00 to 10:00 PM	Diversity & Multiculturalism (2) Jennifer Drummond	
February 1, 2025 Saturday – 10:00 AM to 5:30 PM	Crystal Energy Work (1) with Linda Kuschnir/Maria Gallé	
February 2, 2025 Sunday – 10:00 AM to 5:30 PM	Crystal Energy Work (2) with Linda Kuschnir/Maria Gallé	

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Schedule subject to change

Date and Time / Attendance	Subject and Instructor	Notes
February 4, 2025 Note day/time change Tuesday – 7:00 to 10:00 PM	SHIATSU (1) with Alex Pereklita	
February 11, 2025 Tuesday – 7:00 to 10:00 PM	Shiatsu (2) with Alexi Pereklita	
February 18, 2025 Tuesday – 7:00 to 10:00 PM	Shiatsu (3) with Alex Pereklita	
February 25, 2025 Tuesday – 7:00 to 10:00 PM	Shiatsu (4)	
March 1, 2025 Saturday – 9:30 AM to 5:00 PM	Sound Energetics (1) with Maria Gallé	
March 2, 2025 Sunday – 9:30 AM to 5:00 PM	Sound Energetics (2) with Maria Gallé	
March 4, 2025 Tuesday – 7:00 to 10:00 PM	Shiatsu (5) with Alexi Pereklita	
March 11, 2025	NO CLASS – MARCH BREAK	
March 18, 2025 Tuesday – 7:00 to 10:00 PM	Shiatsu (6) with Alexi Pereklita	
March 29, 2025 Saturday – 9:30 AM to 5:00 PM	Herbal Studies (1) with J. Noguiera	
March 30, 2025 Sunday – 9:30 AM to 5:00 PM	Herbal Studies (2) with J. Noguiera	
March 25, 2025 Tuesday – 7:00 to 10:00 PM	Shiatsu (7) with Alexi Pereklita	
April 1, 2025 Tuesday – 7:00 to 10:00 PM	Shiatsu (8) with Alexi Pereklita	

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April 8, 2025 Tuesday – 7:00 to 10:00 PM	Shiatsu (9) with Alexi Pereklita	
April 15, 2025 Tuesday – 7:00 to 10:00 PM	Shiatsu (10) with Alexi Pereklita	
April 19, 2025 Saturday – 9:30 AM to 5:00 PM	Herbal Studies (3) with J. Noguiera	
April 20, 2025 Sunday – 9:30 AM to 5:00 PM	Herbal Studies (4) with J. Noguiera	
<i>Tuesday April 22, 2025</i>	<i>NO CLASS</i>	
<i>Tuesday April 29, 2025</i>	<i>NO CLASS</i>	
May 6, 2025 Tuesday – 7:00 PM to 10:00 PM	BUSINESS 1 with Andrea Ashley	ONLINE
May 13, 2025 Tuesday – 7:00 to 10:00 PM	BUSINESS 2 with Andrea Ashley	<i>ONLINE</i>
May 10, 2025 Saturday – 9:30 AM to 5:00 PM	Herbal Studies (5) with J. Noguiera	
May 11, 2025 Saturday – 9:30 AM to 5:00 PM	Herbal Studies (6) with J. Noguiera	
May 20, 2025 Tuesday - 7:00 PM to 10:00 PM	BUSINESS 3 with Andrea Ashley	<i>ONLINE</i>
May 27, 2025 Tuesday - 7:00 PM to 10:00 PM	BUSINESS 4 with Andrea Ashley	<i>ONLINE</i>
May 31, 2025 Saturday – 9:30 AM to 5:00 PM	Herbal Studies (7) with J. Noguiera	

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June 1, 2025 Sunday – 9:30 AM to 5:00 PM	Herbal Studies (8) with J. Noguiera	
June 3, 2025 Tuesday - 7:00 PM to 10:00 PM	Ethics & Vision (1) with Maria Galle	
June 10, 2025 Tuesday - 7:00 PM to 10:00 PM	Ethics & Vision (2) with Maria Galle	
June 17, 2025 Tuesday - 7:00 PM to 10:00 PM	Ethics & Vision (3) with Maria Galle	
June 21, 2025 Saturday – 9:30 AM to 5:00 PM	Herbal Studies (9) with J. Noguiera	
June 22, 2025 Sunday – 9:30 AM to 5:00 PM	Herbal Studies (10) with J. Noguiera	
<i>Tuesday June 24, 2025</i>	<i>NO CLASS</i>	
<i>Tuesday July 1, 2025</i>	<i>CANADA DAY HOLIDAY - NO CLASS</i>	
July 6, 2025 Saturday - 9:30 AM to 5:00 PM	Reiki 2 (1) with Michal Ziskind	
July 7, 2025 Sunday - 9:30 AM to 5:00 PM	Reiki 2 (2) with Michal Ziskind	
July 8, 2025 Tuesday - 7:00 PM to 10:00 PM	Medical Intuition (1) with Linda Kuschnir	
July 15, 2025 Tuesday 7:00 PM to 10:00 PM	Medical Intuition (2) with Linda Kuschnir	

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July 22, 2025 Tuesday - 7:00 PM to 10:00 PM	Medical Intuition (3) with Linda Kuschnir	
July 26, 2025 Saturday - 10:00 AM to 5:30 PM	Herbal Studies (11) – HERB FARM/WALK with J. Noguiera	<i>Outing to be organized by teacher to visit herb farm/walk</i>
July 27, 2025 Sunday – 10:00 AM to 5:30 PM	Herbal Studies (12) – HERB FARM/WALK with J. Noguiera	<i>Outing to be organized by teacher to visit herb farm/walk</i>
<i>Tuesday August 5, 2025</i>	<i>NO CLASS</i>	
<i>Tuesday August 12, 2025</i>	<i>NO CLASS</i>	
<i>Tuesday August 19, 2025</i>	<i>NO CLASS</i>	
August 23, 2025 Saturday - 10:00 AM to 5:30 PM	Herbal Studies (13) with J. Noguiera	
August 24, 2025 Sunday – 10:00 AM to 5:30 PM	Herbal Studies (14) with J. Noguiera	
August 26, 2025 Tuesday - 7:00 PM to 10:00 PM	Medical Intuition (4) with Linda Kuschnir	
September 2, 2025 Tuesday - 7:00 PM to 10:00 PM	Medical Intuition (5) with Linda Kuschnir	
September 9, 2025 Tuesday - 7:00 PM to 10:00 PM	Medical Intuition (6) with Linda Kuschnir	
September 13, 2025 Saturday – 10:00 AM to 5:30 PM	Reflexology (1) with Andrea Ashley	

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September 14, 2025 Sunday – 10:00 AM to 5:30 PM	Reflexology (2) with Andrea Ashley	
September 16, 2025 Tuesday – 7:00 PM to 10:00 PM	Medical Intuition (7) with Linda Kuschnir	
September 23, 2025 Tuesday - 7:00 PM to 10:00 PM	Medical Intuition (8) with Linda Kuschnir	
September 30, 2025 Tuesday - 7:00 PM to 10:00 PM	Medical Intuition (9) with Linda Kuschnir	
October 4, 2025 Saturday – 10:00 AM to 5:30 PM	Reflexology (3) with Andrea Ashley	
October 5, 2025 Sunday – 10:00 AM to 5:30 PM	Reflexology (4) with Andrea Ashley	
October 7, 2025 Tuesday - 7:00 PM to 10:00 PM	Medical Intuition (10) with Linda Kuschnir	
<i>Tuesday October 14, 2025</i>	<i>NO CLASS</i>	
<i>Tuesday October 21, 2025</i>	<i>NO CLASS</i>	
<i>Tuesday October 28, 2025</i>	<i>NO CLASS</i>	
November 1, 2025 Saturday – 10:00 AM to 5:30 PM	Reflexology (5) with Andrea Ashley	
November 2, 2025 Sunday – 10:00 AM to 5:30 PM	Reflexology (6) with Andrea Ashley	
<i>Tuesday November 4, 2025</i>	<i>NO CLASS</i>	

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<i>Tuesday November 11, 2025</i>	<i>NO CLASS</i>	
<i>Tuesday November 18, 2025</i>	<i>NO CLASS</i>	
<i>Tuesday November 25, 2025</i>	<i>NO CLASS</i>	
November 29, 2025 Saturday - 9:30 AM to 5:30 PM	Holistic Health Treatment Skills (1) with Andrea Ashley	
November 30, 2025 Sunday - 9:30 AM to 5:30 PM	Holistic Health Treatment Skills (2) with Andrea Ashley	
<i>Tuesday December 2, 2025</i>	<i>NO CLASS</i>	
<i>Tuesday December 9, 2025</i>	<i>NO CLASS</i>	
December 13, 2025 Saturday - 9:30 AM to 5:30 PM	Holistic Health Treatment Skills (3) with Andrea Ashley	
<i>Tuesdays December 16, 23, 30, 2025</i>	<i>NO CLASSES - HAPPY HOLIDAYS!</i>	
<i>Tuesday January 6, 2026</i>	<i>NO CLASS</i>	
January 10, 2026 Saturday – 10:00 AM to 4:00 PM	Bach Flower Remedies (1) with Alexia Georgousis	
<i>Tuesday January 13, 2026</i>	<i>NO CLASS</i>	
<i>Tuesday January 20, 2026</i>	<i>NO CLASS</i>	
January 24, 2026 Sunday – 10:00 AM to 4:00 PM	Bach Flower Remedies (2) with Alexia Georgousis	

Diploma can be issued once all requirements for graduation are met.

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Schedule subject to change

FOOTNOTES ON UPDATES TO HOL-B PART-TIME PROGRAM SCHEDULE

Update Jan 3, 2024

Corrected sequence of Swedish Massage Basics, class 1 through 11, Jul 2 to Sept 24, 2024

Moved Reiki 1 to Oct 5-6, 2024 (from Sept 14-15, 2024)

Moved Nutrition classes 1-3 & 4-5 to Sept 14-15, 2024 (from Oct 5-6, 2024)

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