

TRANSFORMATIONAL ARTS COLLEGE

BRINGING BODY, MIND AND SPIRIT



THE ENERGETIC HUMAN AND THEIR VIBRATIONS

Contact : Phone: 416-484-0454 ext 1
Linda Kuschnir: email.lindak@transformationalarts.com
WEBSITE : <https://www.transformationalarts.ca/>

January 28, 2025

Having spent my career in a caregiver role in some capacity, as a Counsellor, a Psychotherapist and Spiritual Director, humans have and do fascinate me. I am fascinated at our ability to adapt, to say one thing and turn around and do something completely different and then how we rationalize the extremes. I think that the name 'human' is a misnomer. We as a subspecies of mammals should be renamed as the '*Enigmas*'. Mysterious, hard to figure out, can keep you captivated and scratching your head.

We emulate the duality of the world we inhabit, from light to dark, hot to cold or male to female. We are intelligent, innovative, and creative but are also capable of doing dumb things that destroy and threaten our existence. Then there is our clever thought processes that can easily tie our opposites together and make them seamless and sound rational.

We all know that to stay healthy and stable we need to eat properly, get our required sleep, have a warm shelter, maintain proper hygiene, keep our bodies moving and our brains uncluttered. Our self-care regime, which we will happily share with others to get them on the right path, is however, often as fragile as bone china. The moment a glitch presents itself and our brain is revving up, one by one we stop doing the very things we know, and perhaps teach, that are good for us. We skip meals, we sleep less, we don't exercise and some may self-medicate to help them stay calm. A self-destructive series of behaviours that are the opposite of the healthy life choices we say we want to make. Is that not the perfect example of duality? *Say one thing and do another.*

Our world is changing, rapidly. There has been more change in society in the last 50 years than in the last 2,000. Carolyn Myss said: "*Everything is shifting in ways we haven't seen in a very long time.*" Our consciousness continues to rise and our energy vibrates with more light but there is an opposite reaction that attempts to keep our light in check. The more light and female energy pushing up and out, then the darker masculine energy is pushing back. Now more than ever we need to stay invested in the light energy. Currently, there are at least 3 men globally who are exhibiting all the qualities of the old Roman Emperors.

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They want power and control. It is feeling like we are being pushed backwards like 40 or 50 years. Women, Women's Health and reproductive rights, 2SLGBTQ+ rights, racial and immigration rights even territorial expansion (Colonialism revisited?) These are definitely not progressive energies.

We need to hold the course, practise what we know, learn new skills and work together. We 'Enigmas' are very social creatures, we need each other just to stay healthy on all levels, so isolating is neither desirable nor advisable. The coming few years are going to be a rollercoaster ride. As Bette Davis' character in the movie All About Eve said:" Fasten your seat belts, it is going to be a bumpy night!"

The following is reminder of the courses we are offering beginning the first week of February and into March. Perfect to hone your skills and knowledge to navigate the changes ahead for you, your family, your friends and even to create a new career in helping others steer out of today and into their tomorrow.

If Not Now? When?



Contact : Phone: 416-484-0454 ext 1
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WEBSITE : <https://www.transformationalarts.ca/>

Discovering the Total Self

TS-01 Meditation and the Chakras

**TS-01 – Starting Date: Monday February 3, 2025
7:00 to 9:30 PM EST with Angela MacDonald
(Online / Instructor Led)**

TS-03 Exploring the Non-Physical

**TS-03 – Starting Date: Tuesday February 4, 2025
7:00 to 9:30 PM EST with Angela MacDonald
(Online / Instructor Led)**

TS-04 The Path of Emotional Healing

**TS-04 -Starting Date: Wed. February 5, 2025
7:00 to 9:30 PM EST with Angela MacDonald
(Online / Instructor Led)**

TS-08 From Child to Adult

**TS-08 – Starting Date: Thurs. February 6, 2025
7:00 to 9:30 PM EST with Linda Kuschnir RP
(Online / Instructor Led)**

I have been asked how this program developed. My shortest answer is over the years, I have been blessed with many wonderful teachers and colleagues who taught and showed me new possibilities and choices I could make.

Some who are long gone from the earth shared with me collective wisdom from long ago; things to do to embrace life. From spiritual centres I worked at, travels far and wide, to university studies covering psychology to spirituality. Total Self is built on uniqueness.

You are unique. We are unique. We all look different, act differently, think differently but on the inside we all pulse with the same powerful light of creation, if only it didn't frighten so many. The fear of change and not knowing convinces us this is a bad idea. Reality – we only change what isn't working, only if we want.

Total Self is based on who you are, not a model for humanity. Its effects can ripple through our families, friends and community. Words like kind, caring, loving open and compassion resonate.

- Gord Riddell RP

Read About the Program and each of the Modules here:

<https://www.transformationalarts.ca/discovering-the-total-self-diploma-program/>

To Register for a module click here:

<https://www.transformationalarts.ca/product-category/discovering-the-total-self/discovering-total-self-online/>

or CALL - 416-484-0454 EXT. 1

or E-mail: lindak@transformationalarts.com

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WEBSITE : <https://www.transformationalarts.ca/>

COACHING CERTIFICATE PROGRAM

Course Code: COA-CER

On-Line / Instructor-Led

Starting Date: Tuesday, February 4, 2025 No classes March 11 & 18

Time: 6:30 to 9:30 PM

Instructor: Gord Riddell RP, Registered Psychotherapist, Life Coach, Spiritual Director, and President of Transformational Arts College. He is also the creator of the Coaching Program.

Fee: \$985 + HST

Deposit Fee: A \$300 non-refundable deposit is required to reserve your space.

Administrative Fee: \$150, plus Material Fees – \$35.

Note: Upon successful completion of all assignments a certificate will be awarded.

In addition to assignments – 90% class attendance is required.

Read about the Coaching Certificate Program here:

<https://www.transformationalarts.ca/coaching-certificate-program-2/>

To Register for the Coaching Certificate Program here:

<https://www.transformationalarts.ca/product-category/coaching-certificate/>

Or Contact Linda Kuschnir RP, at: 416-484-0454 Ext 1

Or E-mail : lindak@transformationalarts.com

You could be earning another source of income Coaching others by this Summer!

In this program you will be coached on your goal, coach another student on their goal while learning the skill sets required to be an effective Coach. If you enjoy supporting others and helping them get unstuck, find a direction and watch as they achieve their goals, then Coaching is right up your alley.

As for yourself, one question to ask yourself if you're feeling vaguely dissatisfied with life:

What memories do I want to make? Are you making them? What is stopping you?

If Not Now, When?

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WEBSITE : <https://www.transformationalarts.ca/>

TRANSFORMATIONAL ARTS COLLEGE

Mediumship

On-Site Class

Experiential, energy focused, raising our vibrations, observing symbols

Starting Date: Thursday February 6, 2025

(No classes on March 13 and March 20)

Time: 7:00 to 9:00 pm

Fee: \$600 + HST per 10-week cycle. Talk to us about payment options.

Instructor: Gord Riddell RP - Registered Psychotherapist, Spiritual Director, Life Coach President of Transformational Arts College.

This course is an on-site class held at a home located in downtown Toronto on the subway system. The address and directions, including parking, will be sent out upon registration and just before the start date.

Read about the Mediumship Course here

<https://www.transformationalarts.ca/special-offering-2-2/>

To Register for the Mediumship Course:

Please contact : Linda Kuschnir at 416-484-0454 ext 1

Or : lindak@transformationalarts.com

The following is from a student and used with permission

Hello Gord:

I continue to reflect on just what a truly profound impact the weekly sessions have had on my development as a person.

If I reflect at the level of growth that these several weeks offered versus the many years of “passive” education I have endured through traditional education paths or the traditional career path, I am astounded by what your course could bring out and I am so grateful to you for the teacher that you are.

Thank you for all that you offered during the course. It has been one of the most profound learning experiences in my life.

Signed a student: M.

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Mindful Living/Conscious Dying Certificate Course

This is Unit 3 of the Spiritual Directors Diploma Training Program (see note below)

STARTING DATE: Wednesday February 26, 2025 On-line Instructor-led

START TIME: 6:30 pm to 9:30 pm

COURSE LENGTH: 10 weeks, 30 hours (There is no class on March 12)

TUITION: \$800.00 Includes Material Book, Handouts, Admin Fee, Certificate

TUITION TAX CREDIT Form T2202, is issued by February 28, 2026

INSTRUCTOR: GORD RIDDELL RP, BSSc. Registered Psychotherapist, Life Coach, Spiritual Director, and President of Transformational Arts College

*Credit for Unit 3 of the **Spiritual Director Program** will be given upon successful completion of unit requirements plus attendance of 90% met. This credit allows you to continue into the Spiritual Directors Training Program with one of 4 required unit credits. This unit credit must be applied with your registration in the full Program no later than September 2025.*

Register on our Website:

<https://www.transformationalarts.ca/product/mindful-living-conscious-dying/>

Or Contact Linda Kuschnir RP, at: 416-484-0454 Ext 1

Or E-mail : lindak@transformationalarts.com

In the Western world, this subject area is virtually taboo and wins the award for all the things we deny in life. Yet we will all face death, we will help family and friends in their final days and hours. What if we could learn what the dying process is. What is going on spiritually, physically and emotionally? What if we could identify it in ourselves, when it is our time? It makes the whole transition to the non-physical much easier when it is assisted and done with conscious awareness. This certificate course examines all of these areas and honours the emotional toll of loss and its long-term effects on those left behind.

In the next 10 years, one in 4 people will be over the age of 60. Death is something we are all going to be exposed to, that is life on earth – the Cycle of Life.

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TRANSFORMATIONAL ARTS COLLEGE

These courses are designed to support individuals starting their private practices

Professional Ethics

Course Code: HSC-ETH

On-Line – Instructor Led

Starting Date: Monday March 24, 2025 (12 hours, four 3-hour classes)

Time: 6:30 to 9:30 PM

Instructor : Gord Riddell RP , Registered Psychotherapist, Spiritual Director, Life Coach

Fee: \$240.00

Register on line at :

<https://www.transformationalarts.ca/product/ethics-and-managing-a-business/>

Business Practices

Course Code: HSC-ETH – B

On-Line – Instructor Led

Date: Monday April 21, 2025 (12 hours, four 3-hour classes)

Time: 6:30 to 9:30 PM

Instructor : Gord Riddell RP , Registered Psychotherapist, Spiritual Director, Life Coach

Fee: \$240.00

Register on line at :

<https://www.transformationalarts.ca/product/ethics-and-managing-a-business/>

WHY FIT IN WHEN YOU WERE BORN TO STAND OUT!

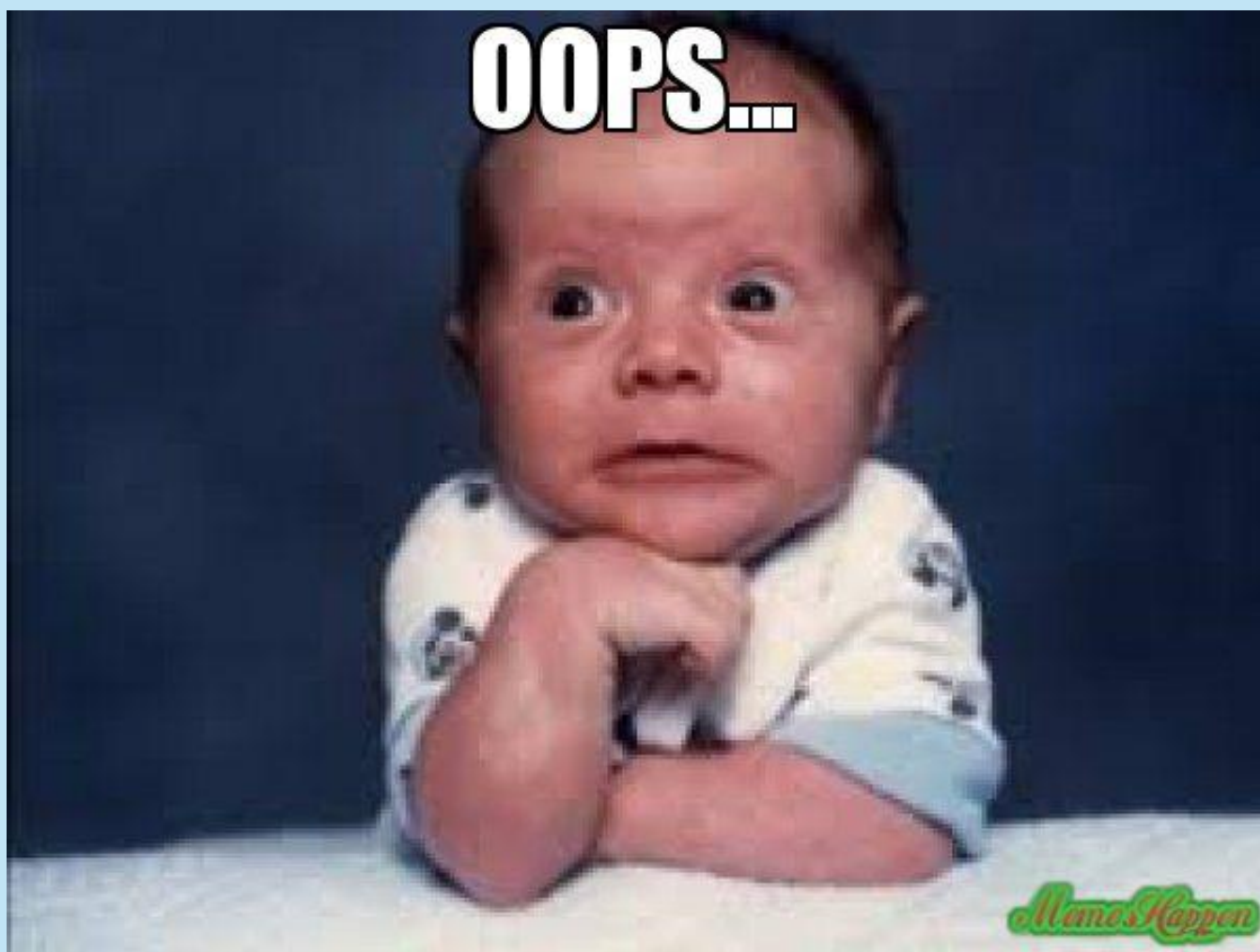
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January 2025 Revised



We all make mistakes. That is one of our Human attributes. Mistakes are a major learning vehicle for us and at times reinforce our humility. Perfectionism is just too debilitating.

Now combine a machine (read: computer system) that doesn't want to follow your instructions and decides to do the job its own way.

Here is our OOPS, the mailing you received on Friday was sitting in a system that would not send it out last week. Suddenly though the machine thought Friday night was a good time to release the newsletter, over a week late.

When we realized the delay, we decided to change start dates to give people the chance to choose and register for courses.

Start dates on all courses beginning in 2025 have been changed and are included here.

So our apologies for our Oops, we hope these new dates may work even better for you.

PLEASE SHARE THIS INFORMATION TO PEOPLE WHO MAY BENEFIT FROM OUR COURSES – IT'S A NICE THING TO DO!

**AWAKENING YOUR
TOTAL SELF**



What if you could tap into the unlimited creative potential available to you by learning about ancient spiritual wisdom, esoteric principles, contemporary psychology and emotional healing?

The Discovering the Total Self Diploma

Program is a unique series of courses in personal and spiritual development designed to balance body, mind and spirit, bringing the individual to a state of personal empowerment through the transformational process.

- ✦ Develop a faster and greater ability to heal physically, emotionally, mentally and spiritually
- ✦ Reconnect to your passion for life
- ✦ Experience the power of living in the now
- ✦ Discover uncertainty can be comfortable when we connect to our 'wise' self
- ✦ Learn to make clear choices that reflect who you are
- ✦ Tap into your own unlimited creativity
- ✦ Access your intuition

A Unique Program

This extensive program encompasses a psychospiritual approach, blending timeless spiritual wisdom, esoteric principles, contemporary psychology and emotional healing.

This is the Path of the Modern Mystic that encourages us to transcend our egos, to surrender, to go with the flow, to trust divine guidance, to detach, to enter into the mystery, to be of service. The Path of Emotional Healing and Self-Discovery takes us into our self, healing our wounds and developing a healthy sense of self.

This program honours both our spirituality and humanness and that we really are spiritual beings having a human experience

MODULES ARE ON-LINE MODULES ARE INSTRUCTOR - LED

Courses run one evening per week for total of 8 weeks.

7 pm to 9:30pm



The **Discovering the Total Self Program** offers a total of 10 course modules in psychospiritual development. You can complete the program at your own pace, take more than one course at a time or take only those that interest you.

Course Modules:

- TS-01 Meditation and the Chakras
- TS-02 Spirituality and Higher Self
- TS-03 Exploring the Non-Physical
- TS-04 The Path of Emotional Healing
- TS-05 Spiritual Healing and Energy Transfer
- TS-06 The Intuitive Arts
- TS-07 Meeting Your Inner Selves
- TS-08 From Child to Adult
- TS-09 Living Your Higher Self
- TS-10 The Healing Power of Sound

THE FOLLOWING MODULES START FEBRUARY 2025

All classes are 1 evening per week for 8 weeks, 7:00-9:30 pm unless otherwise noted

TS-01 Meditation and the Chakras

Module 1 introduces the start of your spiritual journey: The Path of the Contemporary Mystic.

Explore fundamental meditation theory and its various building blocks. Learn the Chakra system and how to use it as a basis for meditation. Develop the ability to meditate effectively. Use creative visualization, intention, and the law of attraction to apply to goal setting.

- ✚ Exercises exploring the human energy field
- ✚ Discover toning, sounding, chanting and instruments for the chakras
- ✚ Creating your own reality versus Divine Order

TS-01 – Starting Date: Monday February 3, 2025
7:00 to 9:30 PM EST with Angela MacDonald
(Online / Instructor Led)

TS-03 Exploring the Non-Physical

Module 3 explores the theories of life after death, auras, reincarnation and other spiritual realms of the non-physical. Develop a sense of higher purpose.

Benefits and learning outcomes include:

- ✚ Compare seeing and sensing the aura
- ✚ Explore reincarnation and karma
- ✚ Past-life exploration
- ✚ Assess working with spiritual guidance

TS-03 – Starting Date: Tuesday February 4, 2025
7:00 to 9:30 PM EST with Angela MacDonald
(Online / Instructor Led)

TS-04 The Path of Emotional Healing

Module 4 introduces the psychospiritual approach to embracing light and dark on the road to emotional healing and wellness.

Benefits and learning outcomes include:

- ✚ Correlate focusing tools and integrate feelings
- ✚ Incorporate forgiveness
- ✚ Reprogramming old beliefs and affirmations
- ✚ Relate emotional blocks & relationships
- ✚ Re-frame perfectionism
- ✚ Assessing how to create change safely in our life
- ✚ Psychospiritual key issues and addictions
- ✚ Examine Family Systems theory and unhealthy family behaviour

TS-04 -Starting Date: Wed. February 5, 2025
7:00 to 9:30 PM EST with Angela MacDonald
(Online / Instructor Led)

TS-08 From Child to Adult

Module 8 explores how we experience our inner child who connects us to many riches and gifts within ourselves. The learning outcomes begin through the child within as we reclaim our creativity, spontaneity, love, joy, happiness, intimacy, playfulness and spirituality. Benefits and learning outcomes include:

- ✚ Being able to explain male and female within, sexuality and Tantra
- ✚ Assess the healing of the stages of childhood development
- ✚ Integrate both developing and living from your adult—setting goals, parenting yourself and taking responsibility

TS-08 – Starting Date: Thurs. February 6, 2025
7:00 to 9:30 PM EST with Linda Kuschnir RP
(Online / Instructor Led)

To Register: <https://www.transformationalarts.ca/product-category/discovering-the-total-self/discovering-total-self-online/> or CALL - 416-484-0454 EXT. 1 OR
E-mail: lindak@transformationalarts.com

The secret of
making progress
is to get started.

— Mark Twain

LIFE SKILLS COACHING CERTIFICATE PROGRAM

Life Skills Coaching is a dynamic and transformative process that empowers individuals to enhance their personal and professional lives by developing essential skills and overcoming challenges. As a Life Skills Coach, you play a crucial role in guiding clients toward achieving their goals, gaining clarity, and cultivating a fulfilling life. This profession goes beyond traditional coaching by focusing on practical, actionable steps that help clients build resilience, improve decision-making, and navigate life's complexities with confidence. The positive impact of Life Skills Coaching is profound, as it equips individuals with the tools they need to thrive in all areas of their lives, from relationships and career to personal growth and well-being.

Training to become a Life Skills Coach offers significant advantages for those pursuing this rewarding career. As a trainee you will:

- gain a deep understanding of the core competencies required to coach effectively.
- develop communication, empathy, and problem-solving skills.
- have the opportunity to develop your own life skills, enhancing your ability to connect with clients and guide them through their personal journeys.
- learn to create tailored strategies that address each client's unique needs, empowering them to overcome obstacles and achieve their full potential.
- the skills you acquire during your coaching training will enrich your own life, enabling you to lead with greater self-awareness and purpose.

Transformational Arts teaches and provides coaching from a psychospiritual approach. Through experiential participation, dyad work and role plays, students will be expected to identify an area of their own life, be it personal, professional or business that they would like to be coached through. They will be coached by other students in the program and do case studies with clients that will be evaluated through progress reports.

Life Skills Coaching is a powerful catalyst for change. Whether your clients are seeking to improve their career prospects, enhance their relationships, or develop a healthier lifestyle, coaching provides a structured and supportive environment to explore their goals and aspirations. Clients benefit from the personalized guidance of a coach who helps them identify their strengths, build on them, and address any limiting beliefs or behaviors. This process fosters increased self-confidence, better decision-making, and a clearer vision for the future.

Ultimately, Life Skills Coaching empowers clients to take control of their lives, make informed choices, and achieve lasting success and fulfillment.

This 36-hour ON-LINE course covers:

- Coaching vs. Psychotherapy
- Developing a vision and setting goals
- Passions and motivators
- Fear of failure/fear of success. Moving from fear, to change and success
- Listening and communication skills
- Addressing client resistance to growth
- Spiritual Coaching
- Relationship Coaching
- Ethics and Professional Coaching
- Skills, traits & tools of an effective coach

Who is this program for?

This course is for individuals who are Psychotherapists, Counsellors, Human Resource professionals, Holistic Practitioners and Psychotherapy and Holistic students. Those with different backgrounds are encouraged to apply.

Course Code: COA-CER

Starting Date: Tuesday, February 4, 2025 No classes March 11 & 18

Time: 6:30 to 9:30 PM

Instructor: Gord Riddell RP, Registered Psychotherapist, Life Coach, Spiritual Director, and President of Transformational Arts College. He is also the creator of the Coaching Program.

Fee: \$985 + HST

Deposit Fee: A \$300 non-refundable deposit is required to reserve your space.

Administrative Fee: \$150, plus Material Fees – \$35.

Note: Upon successful completion of all assignments a certificate will be awarded.
In addition to assignments – 90% class attendance is required.

To Register: On Website

<https://www.transformationalarts.ca/product-category/coaching-certificate/>

Or Contact Linda Kuschnir RP, at: 416-484-0454 Ext 1

E-mail : lindak@transformationalarts.com

Mindful Living/Conscious Dying Certificate Course



Mindful Living, Conscious Dying is a ten-week, thirty hour course designed to enhance the skill sets of Psychotherapists, Counsellors, Life Coaches, Clergy and Spiritual Directors working with clients who are diagnosed with a life shortening illness or in the latter stages of the dying process. It is also about us, our family, friends and community who will all walk the same path and be part of this sacred mystery.

Over the next 25 years, one in 4 people will be over the age of 65, in North America. There is a growing demand for people to guide us and our elders through the dying process and help their loved ones integrate their grief into their lives..

In this 30 hour on-line Instructor-led course you will be able to:

- Assess your own discomfort and fears about your own death.
- What will be your legacy?
- How will your Eulogy read?

Your learning outcomes of this course:

- Ability to validate the importance of Palliative, Hospice and Respite care for your client.
- Discuss, using accurate language, ideas about death and dying while holding space for your client.
- Assist your client in discussing their end of life experience and needs.

- Determine the physical, emotional, mental, and spiritual needs of your client and advocate as required.
- Explain end of life legalities – wills, types of powers of attorney, executors and what they want done with their body.
- Exercise professional boundaries and ethics.
- Initiate the discussion about creating a client’s end of life ceremony, secular, religious or?
- Support your client in planning their final ritual.

Upon completion of this Course you will learn how to:

- Be prepared to assist in alleviating the client’s impending death anxiety
- Saying good-bye when we can’t be present. Learnings from the Covid-19 Pandemic.
- Defend a client’s right to dignity, privacy and respect in any setting
- Recognize and mediate family disagreements that can surface at this time, especially old dynamics.
- Reach out to assist the family deal with their emotions which can include anticipatory grief, betrayal, abandonment, fear, hurt and anger.
- Apply the non-linear stages of grief.
- Educate people what to expect at the end of life and not impose their fears on the client.
- What do the dying need?
- Exercise self-care and awareness of the effect the dying client can have on caregivers.
- Integrate medically-assisted death as an option
- Gain permission to continue to hold space as they move from dying to death.
- Stay present in your own experience allowing feelings of compassion, empathy, peace, joy, humor and being connected, inside and out.

START DATE: Wednesday February 26, 2025 **On-line Instructor-led**

START TIME: 6:30 pm to 9:30 pm

COURSE LENGTH: 10 weeks, 30 hours (There is **no class on March 12**)

TUITION: \$800.00 Includes Material Book, Handouts, Admin Fee, Certificate

TUITION TAX CREDIT Form T2202, is issued by February 28, 2026

INSTRUCTOR: GORD RIDDELL RP, BSSc. Registered Psychotherapist, Life Coach, Spiritual Director, and President of Transformational Arts College

*Credit for Unit 3 of the **Spiritual Director Program** will be given upon successful completion of unit requirements plus attendance of 90% met. This credit allows you to continue into the Spiritual Directors Training Program with one of 4 required unit credits. This unit credit must be applied with your registration in the full Program no later than September 2025.*

To Register: On Website:

<https://www.transformationalarts.ca/product/mindful-living-conscious-dying/>

Or Contact Linda Kuschnir RP, at: 416-484-0454 Ext 1

E-mail : lindak@transformationalarts.com

Professional Ethics

Ethics are significant in any profession, especially the helping professions. Ethics provide a framework of actions and choices, examining what should be done. Human behaviour can be directed and shaped by ethics. It helps professionals carry out their responsibilities. Ethics serve as a standard for behaviour in personal and professional settings, preventing actions harmful to society.

Values are powerful influences that guide a person's behaviour and determine their priorities in life. They are the significant concepts or beliefs that direct our decision-making abilities. They serve as the focal point of our life and a code of conduct. They have a profound impact on a person's emotional state of mind. Our values guide how we are and act, even when no one is watching.

In this 9 hour on-line course you will learn:

- What are your core values
- Ethics in the Helping professions.
- Ethical Dilemmas
- Client – Practitioner Relationship
- Informed Consent
- Boundaries – Personal and Professional
- Boundary violations
- Critical ethical thinking

This course is open to anyone in the Helping professions including but not limited to: Holistic Health Practitioners, Psychotherapists, Counsellors, Coaches, Spiritual Directors, Clergy, Social Workers.

Course Code: HSC-ETH **On-Line – Instructor Led**

Instructor : Gord Riddell RP , Registered Psychotherapist, Spiritual Director, Life Coach

Dates: Monday March 24, 2025 (12 hours, four 3-hour classes)

Time: 6:30 to 9:30 PM

Fee: \$240.00

Register: <https://www.transformationalarts.ca/product/ethics-and-managing-a-business/>

Business Practices

This course is open to anyone in the Helping professions including but not limited to: Holistic Health Practitioners, Psychotherapists, Counsellors, Coaches, Spiritual Directors, Clergy, Social Workers. It is for anyone who is planning to develop your own Private Practise, open a Clinic or incorporate.

Business Practices is designed to help you navigate the legal, government, regulatory bodies, in establishing your Practice. You will be taken through establishing a vision for your business. Name, branding and determining who are your clients. Whether starting out or needing a refresher, this 12- hour course provides valuable information.

- Envisioning your Practise
- Naming your Practise – legalities
- What type of business structure – sole practitioner, partnership, corporation?
- What services are you offering?
- Establishing your fee structure
- Are you also selling Products?
- HST, PST and Taxation
- Business Insurance
- Bookkeeping
- Client Records Keeping
- Branding your Practise
- Developing a marketing plan
- Advertising

Course Code: HSC-ETH – B **On-Line – Instructor Led**

Instructor : Gord Riddell RP, Registered Psychotherapist, Spiritual Director, Life Coach

Date: Monday April 21, 2025 (12 hours, four 3-hour classes)

Time: 6:30 to 9:30 PM

Fee: \$ 240

Fee Note: Take both the Ethics and Business Practise combined schedule fee drops to **\$450.00. You save \$ 30.00.**

Register: <https://www.transformationalarts.ca/product/business-practices/>





This course is experiential and will lift the participants up from a place of hiding their abilities to owning and embracing those abilities. Mediumship expressed through healing, clairvoyance, clairaudience, clairsentience, psychometry, inspirational speaking, writing and art will all be worked with. Overcoming fears that may be present and moving through any blockages that may be holding your mediumship abilities back.

Who is this course for? – Anyone with a committed interest in developing their mediumship skills. Best for those who have already had experiences but find them hit and miss and/or have trouble regulating the flow of energy and information. Anyone with experiences that were frightening and may be holding you back.

Date: January 23, 2025 – No classes on March 13 (March Break) and March 20.

Time: 7:00 to 9:00 pm

Fee: \$600 + HST per 10-week cycle. Talk to us about payment options.

Instructor: Gord Riddell RP - Registered Psychotherapist, Spiritual Director, Life Coach
President of Transformational Arts College

This course is an on-site class held at a home located in downtown Toronto on the subway system. The address and directions, including parking, will be sent out upon registration and just before the start date.

Note: At the end of the 10 weeks, students who wish to continue will have first right of refusal for the next set of classes, if all is in balance, and if there are vacancies, new people will be invited to join. The cost for the 2nd set of classes is \$300.00

To Apply please contact :

Linda Kuschnir at 416-484-0454 ext 1 or lindak@transformationalarts.com

<https://www.transformationalarts.ca/special-offering-2-2/>