



COACHING CERTIFICATE PROGRAM

September 12 to December 9, 2025

(no class November 4 – Reading Week)

Dated: July 31, 2025

ALL CLASSES ARE ONLINE, INSTRUCTOR-LED

Date and Time / Attendance	Subject and Instructor	Notes
Tuesday September 16 , 2025 6:30 to 9:30 PM	(1) What is Coaching: Therapy vs. Coaching with Gord Riddell	
Tuesday September 23,2025 6:30 to 9:30 PM	(2) Mind Mapping & (3) Small Steps → Larger Vision with Gord Riddell	
Tuesday September 30,2025 6:30 to 9:30 PM	(3) Mind Mapping & (3) Small Steps → Larger Vision with Gord Riddell	
Tuesday October 7, 2025 6:30 to 9:30 PM	(4) Coaching from the Soul: Passions / Motivators	
Tuesday October 14, 2025 6:30 to 9:30 PM	(5) Fear – Your Comfort Zone / Conflict Resolution Role Play with Gord Riddell	
Tuesday October 21, 2025 6:30 to 9:30 PM	(6) Fear of Failure/Success with Gord Riddell	
Tuesday October 28, 2025 6:30 to 9:30 PM	(7) Listening Skills /Communication with Gord Riddell	
Tuesday, November 4, 2025 6:30 to 9:30 PM	NO CLASS – READING WEEK with Gord Riddell	Case studies assigned
Tuesday November 11, 2025 6:30 to 9:30 PM	(8) Intake Assessment / Flow with Gord Riddell	Case studies assigned

Coaching Schedule SEPTEMBER to December 2025: Dated: July 31, 2025

Schedule subject to change.

Date and Time / Attendance	Subject and Instructor	Notes
Tuesday November 18, 2025 6:30 to 9:30 PM	(9) Round Table – Case Study Review with Gord Riddell	
Tuesday November 25, 2025 6:30 to 9:30 PM	(10) Relationship Theory / Resistance to Growth with Gord Riddell	
Tuesday December 2, 2025 6:30 to 9:30 PM	(11) Challenging Your Client – Too Busy – No Time / Role Plays with Gord Riddell	
Tuesday December 9, 2025 6:30 to 9:30 PM	(12) Round Table – Case Study Review, taking Notes, Fees, Ethics - <i>All assignments must be handed in</i> with Gord Riddell	

LIST OF ASSIGNMENTS:

<u>Assignment</u>	<u>Due Date</u>	
First case study	Tues. Nov 18, 2025 (class 9)	
Intake assignment	Tues. Nov 18, 2025 (class 9)	
What have you discovered about: Yourself? Coaching?	Tues. Nov. 18, 2025 (class 9)	
Second case study	Tues. Dec. 30, 2025	
The coaching experience Write up on your goal Write up on your in-class coach	Tues. Dec. 30, 2025	

Certificates Issued after all graduation requirements have been successfully completed.