



## **COACHING CERTIFI** **April 28 to July 14, 2026**

Updated: March 30, 2026

**ALL CLASSES ARE ONLINE, INSTRUCTOR-LED**

<b>Date and Time / Attendance</b>	<b>Subject and Instructor</b>	<b>Notes</b>
<b>Tuesday April 28, 2026</b> 6:30 to 9:30 PM	(1) What is Coaching: Therapy vs. Coaching with Gord Riddell	
<b>Tuesday May 5, 2026</b> 6:30 to 9:30 PM	(2) Mind Mapping & (3) Small Steps → Larger Vision with Gord Riddell	
<b>Tuesday May 12, 2026</b> 6:30 to 9:30 PM	(3) Mind Mapping & (3) Small Steps → Larger Vision with Gord Riddell	
<b>Tuesday May 19, 2026</b> 6:30 to 9:30 PM	(4) Coaching from the Soul: Passions / Motivators	
<b>Tuesday May 26, 2026</b> 6:30 to 9:30 PM	(5) Fear – Your Comfort Zone / Conflict Resolution Role Play with Gord Riddell	
<b>Tuesday June 2, 2026</b> 6:30 to 9:30 PM	(6) Fear of Failure/Success with Gord Riddell	
<b>Tuesday, June 9, 2026</b> 6:30 to 9:30 PM	(7) Listening Skills /Communication with Gord Riddell	Case studies assigned
<b>Tuesday June 16, 2026</b> 6:30 to 9:30 PM	(8) Intake Assessment / Flow with Gord Riddell	
<b>Tuesday June 23, 2026</b> 6:30 to 9:30 PM	(9) Round Table – Case Study Review with Gord Riddell	Case studies assigned

<b>Date and Time / Attendance</b>	<b>Subject and Instructor</b>	<b>Notes</b>
<b>Tuesday June 30, 2026</b> 6:30 to 9:30 PM	(10) Relationship Theory / Resistance to Growth with Gord Riddell	
<b>Tuesday July 7, 2026</b> 6:30 to 9:30 PM	(11) Challenging Your Client – Too Busy – No Time / Role Plays with Gord Riddell	
<b>Tuesday July 14, 2026</b> 6:30 to 9:30 PM	(12) Round Table – Case Study Review, taking Notes, Fees, Ethics - <i>All assignments must be handed in</i> with Gord Riddell	

### **LIST OF ASSIGNMENTS:**

<b><u>Assignment</u></b>	<b><u>Due Date</u></b>	
First case study	Tues. Jun. 23, 2026 (class 9)	
Intake assignment	Tues. Jun.. 23, 2026 (class 9)	
What have you discovered about: Yourself? Coaching?	Tues. Jun. 23, 2026 (class 9)	
Second case study	Tues. July 30, 2026	
The coaching experience Write up on your goal Write up on your in-class coach	Tues. July 30, 2026	

***Certificates*** Issued after all graduation requirements have been successfully completed.

### **FOOTNOTES :**