



COACHING CERTIFI **May 5 to July 21, 2026**

Updated: April 27, 2026

ALL CLASSES ARE ONLINE, INSTRUCTOR-LED

Date and Time / Attendance	Subject and Instructor	Notes
Tuesday May 5, 2026 6:30 to 9:30 PM	(1) What is Coaching: Therapy vs. Coaching with Gord Riddell	
Tuesday May 12, 2026 6:30 to 9:30 PM	(2) Mind Mapping & (3) Small Steps → Larger Vision with Gord Riddell	
Tuesday May 19, 2026 6:30 to 9:30 PM	(3) Mind Mapping & (3) Small Steps → Larger Vision with Gord Riddell	
Tuesday May 26, 2026 6:30 to 9:30 PM	(4) Coaching from the Soul: Passions / Motivators	
Tuesday Jun 2, 2026 6:30 to 9:30 PM	(5) Fear – Your Comfort Zone / Conflict Resolution Role Play with Gord Riddell	
Tuesday June 9, 2026 6:30 to 9:30 PM	(6) Fear of Failure/Success with Gord Riddell	
Tuesday, June 16, 2026 6:30 to 9:30 PM	(7) Listening Skills /Communication with Gord Riddell	Case studies assigned
Tuesday June 23, 2026 6:30 to 9:30 PM	(8) Intake Assessment / Flow with Gord Riddell	
Tuesday June 30, 2026 6:30 to 9:30 PM	(9) Round Table – Case Study Review with Gord Riddell	Case studies assigned

Date and Time / Attendance	Subject and Instructor	Notes
Tuesday July 1, 2026 – CANADA DAY <i>No Class</i>	NO CLASS – CANADA DAY HOLIDAY	
Tuesday July 7, 2026 6:30 to 9:30 PM	(10) Relationship Theory / Resistance to Growth with Gord Riddell	
Tuesday July 14, 2026 6:30 to 9:30 PM	(11) Challenging Your Client – Too Busy – No Time / Role Plays with Gord Riddell	
Tuesday July 21, 2026 6:30 to 9:30 PM	(12) Round Table – Case Study Review, taking Notes, Fees, Ethics - <i>All assignments must be handed in</i> with Gord Riddell	

LIST OF ASSIGNMENTS:

<u>Assignment</u>	<u>Due Date</u>	
First case study	Tues. Jun. 30, 2026 (class 9)	
Intake assignment	Tues. Jun. 30, 2026 (class 9)	
What have you discovered about: Yourself? Coaching?	Tues. Jun. 30, 2026 (class 9)	
Second case study	Tues. Aug. 6, 2026	
The coaching experience Write up on your goal Write up on your in-class coach	Tues. Aug 6, 2026	

Certificates Issued after all graduation requirements have been successfully completed.

FOOTNOTES :