

Transformational Arts College of Spiritual and Holistic Training

May 2026



Reflections

Reflections by Gord Riddell RP

Growing up I was always second guessing the way I was expected to be or the way things were supposed to be done. In some ways, I can sometimes do much the same today. However a few new skills under my belt and stepping into my adult has made all the difference in the world. It did require unlearning things that I was told were similar to the 'law' and learning alternatives, trying them out and experiencing the freedom in being an active participant in how my life would be lived. That may sound like an unusual statement but rather than following everyone else's ideas about who I was, I decided I wanted to define myself and my life.

It was not an easy path at first. However, I started therapy and doing various courses. They taught me how to gently dig deeper and exercises to show me new possibilities. Although I came from a very aware spiritual family, that didn't mean adults didn't have their own rules, regulations and expectations on who I was to become.

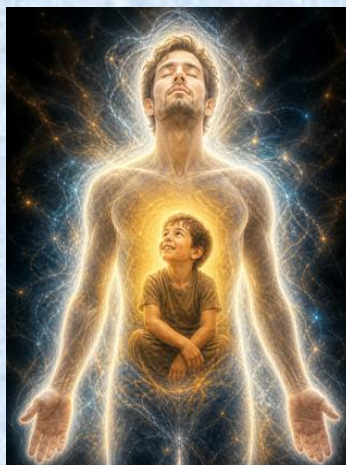


When our young part is trying to navigate the adult world.

Being an empathic child and a good 'boy', I had no boundaries. Anyone in pain, or in need, would get my attention. As I entered into adulthood, I was no longer the good 'boy', it was exhausting and yet I still hadn't learned to say NO! Boundaries was still on the to-learn list. As I emerged from good 'boy', there were lots of unhappy people.

I learned people get really pissed off when you don't follow through on their expectations. As much as I moved to just be me, (now, that is funny!) there was still so much that at any uncomfortable situation or interaction, my adult would disappear and there was my younger self struggling to figure out what to do next. Ask someone out on a date, What? Stammer and appear to be cool, my younger self did all that while my adult covered behind the young one. **So, who is driving the Bus?**

As I learned more my awareness increased. I discovered that not all 'nice' people are truly nice. Embracing my spirituality gave me a greater understanding of others and of myself. I stopped worrying about what is my Higher Purpose. I think just being a kind empathic being assisting myself and others to be good people is a pretty good purpose to have. The integration of all this learning continues to this day.



My Inner Child in the safety of the Adult, not having to figure out the adult world.

Allowing no one to define you but defining yourself. Living authentically, you owe no one an explanation. Embodying your spirituality so that you live your own values, your way while judging no one for their choices in life. As long as no one is being hurt. These give to us an indescribable freedom that not everyone will have the privilege of experiencing. I am grateful every day for jumping on this path.

© 2026 – Gord Riddell RP

If you are ready to meet you we suggest you consider **The Awakened Human Program™**.

The Awakened Human Program™

A **four-level developmental model** guides students to self-awareness and embodied spiritual living.

Level 1 – Awaken

Self-awareness & Mindfulness

Understanding thoughts, emotions, and inner patterns.

Students learn to:

- regulate emotions
- practice meditation and mindfulness
- observe internal patterns
- develop self-awareness

Modules

AH-01 Foundations of Meditation & Chakra Awareness - 20 hours

This introductory course begins your journey into conscious self-awareness, meditation practice, and embodied spirituality

STARTS MONDAY MAY 11, 2026 TIME – 7 PM TO 9:30 pm 8 WEEKS

AH-02 Emotional Awareness & the Path of Inner Healing – 20 hours

This course explores emotional awareness as an important part of personal well-being and conscious living.

STARTS WEDNESDAY MAY 13, 2026 TIME – 7 PM TO 9:30 pm 8 WEEKS

Level 2 – Integrate

Healing emotional patterns and integrating personal history.

Students learn to:

- work with emotional triggers
- understand family patterns
- develop self-compassion
- integrate shadow aspects

Courses

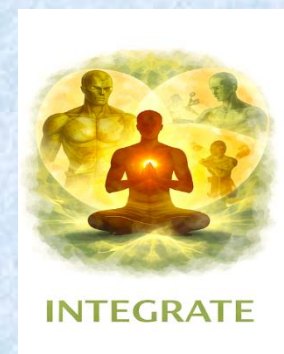
AH-03 Understanding the Inner Self & Parts of Identity – 15 hours

We explore the many inner aspects that shape our thoughts, emotions, and behaviours. Participants are introduced to the concept of “parts of self,” sometimes described as sub-personalities,

AH-04 Personal Growth: Integrating the Inner Child and the Adult Self – 15 hours

This module explores the process of personal growth through understanding both early life experiences and the development of mature self-awareness.

LEVEL 2 STARTS IN SEPTEMBER 2026



Level 3 – PERCEIVE

Developing Intuition and Conscious Insight

Students learn to:

- trust intuitive awareness
- interpret symbolic insight
- explore consciousness safely
- develop intuitive perception

Courses

AH-05 Consciousness, Spiritual Awareness & Higher Self - 15 hours

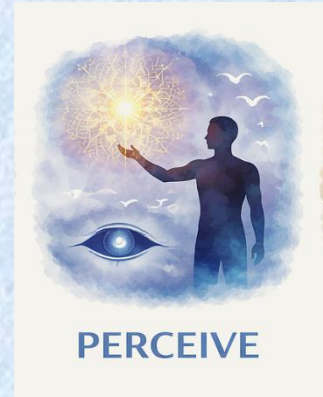
This course explores the many ways human beings understand consciousness, identity, and spiritual awareness. Participants are introduced to a variety of perspectives on the inner self, including the roles of the ego, subconscious patterns, the observing self

AH-06 Developing Intuitive Awareness – 15 hours

This course introduces students to the ways people throughout history have explored experiences that extend beyond ordinary waking awareness. Drawing from contemplative traditions, psychology, and symbolic interpretation, participants learn how altered or expanded states of awareness

AH-07 Exploring Subtle Awareness & Non-Ordinary Experience – 15 hours

This module explores intuition as a natural human capacity for insight, pattern recognition, and inner knowing.



Level 4 – Embody

Conscious Living with Spiritual Awareness in everyday life.

Students learn to:

- embody spiritual values
- work with energy awareness
- integrate sound and vibration practices
- apply insight to daily life

Courses

AH-08 Foundations of Energy Awareness - 15 hours

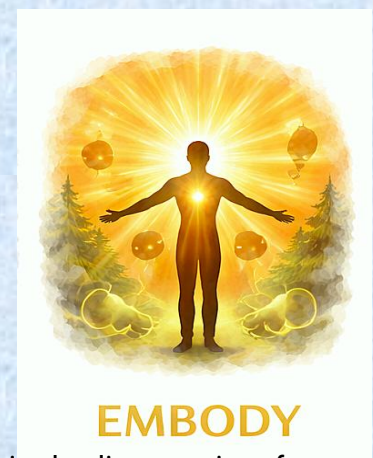
Introducing participants to the principles of energy awareness and supportive healing practices from a psycho-spiritual perspective.

AH-09 Sound, Vibration & Conscious Expression – 10 hours

This course explores the role of sound, vibration, and rhythm as tools for meditation, creativity, and personal well-being

AH-10 Embodying Your Higher Values & Conscious Living – 15 hours

This course explores how personal insight, self-awareness, and spiritual reflection can be integrated into everyday life.



We encourage you to visit our website where much more information is available for each of the modules in each level.

<https://www.transformationalarts.ca/awakened-human-program-2/>

READY TO REGISTER? FOLLOW THIS LINK

<https://www.transformationalarts.ca/product-category/awakened-human-program/>

Registration can be done on-line via PayPal or Visa or Mastercard.

Contact :

Linda Kuschnir phone: 416-484-0454 ext 1

Email : lindak@transformationalarts.com

Website : <https://www.transformationalarts.ca/>





APRIL 2026



**“One mind can lift a people. One heart can soothe a nation.
One soul can touch a continent. One deed can change mankind.”**

- Matshona Dhiwayo

BRINGING BODY, MIND AND SPIRIT TOGETHER



April 2026

Welcome Everyone. April kicked off with Easter, Passover, a full moon and the appearance of small plants pushing up through the thawing soil. They all are reminders of the cycle of Life, rebirth, of growth and rising up through the things that have been obstacles, not unlike the phoenix rising up through the ashes.

As winter has slowly been releasing us from its grip, I have been reflecting on what is transpiring in our world and basically not having great thoughts. In order not to offend anyone, I won't write what I am really thinking. In the digital world only 3 letters are required beginning with the letter W-. It captures my exasperation.

Way back in 1987 (yes that long ago) I was living in Vancouver. There was a major astrological event on August 16 (my birthday) called the Harmonic Convergence. I was told It was the opening of our entry into the Age of Aquarius. I was already involved in Spiritual education back then, knew nothing about astrology though. Next year it will be 40 years since that event and I have worked those 40 years in the spiritual field, still believing the message of that 1987 gathering. Peace is just around the corner. I want to add at this point that I met Joyanna Anthony – we both taught at the same spiritual Centre. Although I left Vancouver to come to Toronto and open Transformational Arts, I wanted Joyanna to come to Toronto a couple of times a year and teach. Joyanna would become a wonderful popular teacher at TAC. Sadly Joyanna transitioned to the next expression of Life after a lengthy illness last August. She is well missed but I have the memory of that time standing together at the Harmonic Conversion praying for a world of peace and joy.



**Vancouver welcomed
'an age of peace' at
1987 Harmonic
Convergence | CBC News**

Lots has certainly happened in the last 40 years, personally, professionally and globally. I look around and wonder if we going in reverse. Globally, and all that that entails, looks like the last inning of a losing end of season ballgame and the spectators have mostly left the ballpark. I grasp for what is going on. Then the voice of my teachers, off in the distance, reminds me of a couple of things.

Well, maybe a few things. We know that when we try to make big changes that it can have a pendulum effect. We go from where we are, way over to the opposite side and then slowly evolve back into the centre. We have to accept that for the time being at least, this is a necessary period

as we adjust for the next evolutionary step of humanity. The wisdom of the ancient elders teaches that we are in exactly the right place at the right time that we are supposed to be in. This applies to the personal through to the global. The micro and the macro. Acceptance that the uncertainty and verging insanity with the global violence is happening exactly as it needs to at this time.

Acceptance doesn't mean that we walk away passively or sit and stare off into the distance. We can stay active by infusing our desire for peace and equality into the energy of the Planet. Like the biblical allegory of the mustard seed which is very tiny and when it is planted in the right place can become a massive tree. It brings me inner peace that I continue to be a gardener, planting seeds as I go and nurturing those seeds to become massive trees.

There is no intention here to be political. I write this as I see the violence all around, from the global stage of country against country, through to local street violence and with the staggering rise in Intimate Partner Violence. We, the human race, the most successful species from an evolutionary perspective, are co-habiting with very specific ego-centric groups that are preoccupied with beating the Hell out of each other. Are we really that smart of a species?

Fear not as there is another side energetically that supports the shift we are in the midst of. Feminine energy has been increasing in our world, especially visible through the rise of spirituality, as it holds the hope of our future. We are witnessing the last forceful push of the old world masculine energy. An energy fed through war, power, greed and acquisition, in short, our human history. The imbalance, agitation, emptiness and a sense of disconnection that many are experiencing can be helped by accessing the feminine energy. Both women and men can benefit by focusing on the feminine energy within, focusing on our heart and sending our energy out from our heart into the planetary energy.

In line with the awakening energies, I am excited to present our new program - "The Awakened Human Program™. This diploma program is set up in four levels representing the body, the emotional mind, the intuitive mind and the spirit. Awaken, Integrate, Perceive and Embody.

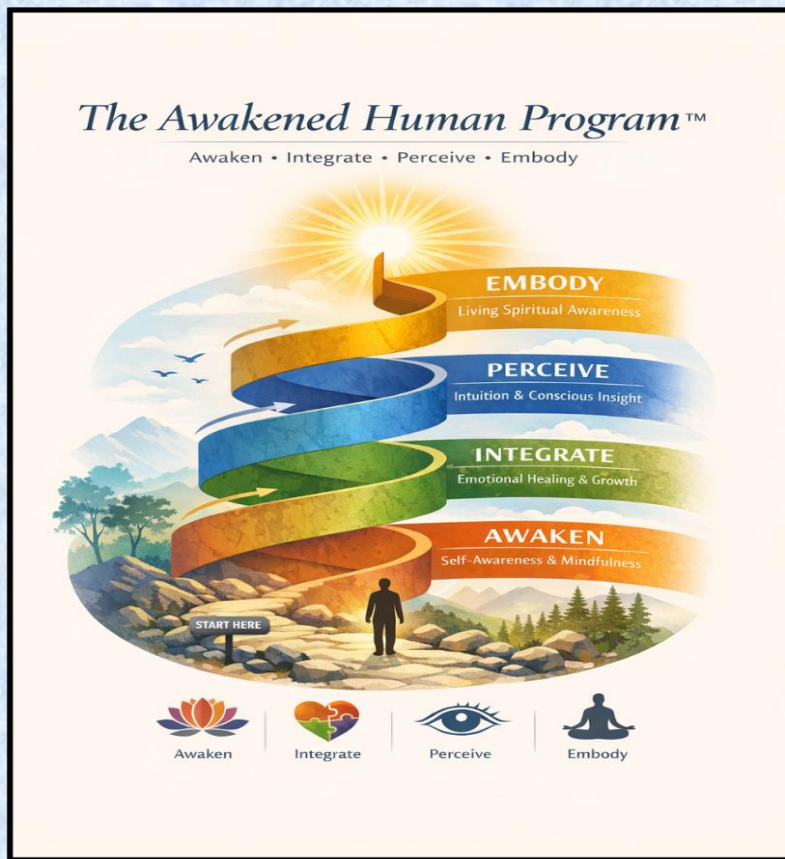
The program experientially takes the student through the realities and the myths of spiritual awakening, the role of our emotional self and how it experiences our spirituality and the conflict created by our feelings and beliefs. The third level steps into the higher vibrations of energies, the human abilities of intuition and how we can use energies to heal and create balance in ourself and others. The next and fourth step moves us to embodying our spiritual life in a grounded way and living consciously.

For more information, click here:

<https://www.transformationalarts.ca/awakened-human-program-2/>

Program is on-line and Instructor-led. Total hours – 155 hours

Contact information is on last page.



Upon successful completion of diploma requirements of The Awakened Human Program™, graduates may continue to study towards attaining the title of **'Certified Spiritual Practitioner'**.

Requirements are an additional 50 hours preparing you to assist others on their spiritual journey, including teaching the Awakened Human program, running workshops, addressing peoples' spiritual problems and existential crisis.

Also NEW, the **Spiritual Director Training Program** has been modified into **hybrid Independent Study Program**. Designed for those who prefer to study at their own pace. Set-up in 4 Units, the first two are independent studies, Unit 3 -On End of Life Care is set up to be on-line and instructor led for 10 weeks and returning to independent studies for Unit 4 completion.

Read more about Spiritual Director Program here:

<https://www.transformationalarts.ca/spiritual-director-program/>

Wishing you a Springtime of growth and renewal.

Gord Riddell RP BSSc.

President

Transformational Arts College

Never forget that the most political thing you can ever do is follow your heart.

- RuPaul



AWAKEN



INTEGRATE



PERCEIVE



EMBODY

**A NEW
PROGRAM**

The Awakened Human Program™

**A NEW
PROGRAM**

An Evidence-based Path to Emotional Clarity, Intuition & Conscious Living

The Awakened Human Program™ is a transformational learning journey designed to help individuals deepen self-awareness, develop intuitive insight, and cultivate a grounded relationship with spirituality.

Using meditation practices, emotional awareness training, intuitive development exercises, and reflective learning, participants discover how to navigate life with greater clarity, compassion, and purpose.

Rooted in trauma-informed principles, the program emphasizes emotional safety, personal choice, and respectful self-exploration. Participants learn practical tools that support emotional regulation, strengthen intuitive awareness, and integrate spiritual understanding into everyday life. The program follows the Awakened Human Framework™, a four-level journey that guides participants from awareness to embodiment.

Program Structure

The curriculum follows the **Awakened Human Framework™**.

Four levels of development:

- 1 Awareness
- 2 Integrate
- 3 Perceive
- 4 Embody

The Awakened Human Program™

A four-level developmental model guiding students from self-awareness to embodied spiritual living.

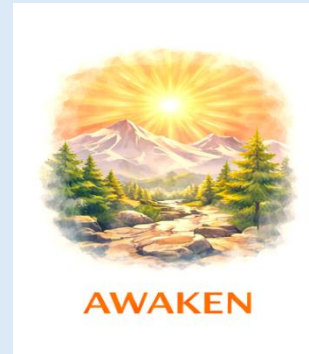
Level 1 – Awaken

Self-awareness; Mindfulness

Understanding thoughts, emotions, and inner patterns.

Students learn to:

- Regulate emotions
- Practice meditation and mindfulness
- Observe internal patterns
- Develop self-awareness



Courses

AH-01 Foundations of Meditation & Chakra Awareness - 20 hours

AH-02 Emotional Awareness & the Path of Inner Healing – 20 hours

Level 1 Awaken - On-line Instructor Led

Start Dates

Monday May 11, 2026 – AH-01 Time: 7:00 to 9:30 PM ET

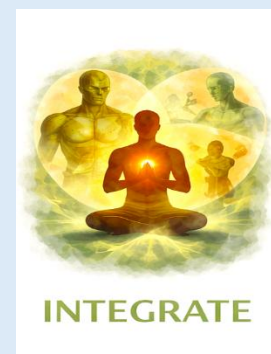
Wednesday May 13, 2026 – AH-02 Time: 7:00 to 9:30 PM ET

Level 2 – Integrate

Healing emotional patterns and integrating personal history.

Students learn to:

- work with emotional triggers
- understand family patterns
- develop self-compassion
- integrate shadow aspects



Courses

AH-03 Understanding the Inner Self & Parts of Identity – 15 hours

AH-04 Personal Growth: Integrating the Inner Child and the Adult Self – 15 hours

Start dates : Sept 2026 - Full date to be determined

Level 3 – PERCEIVE

Developing Intuition and Conscious Insight

Students learn to:

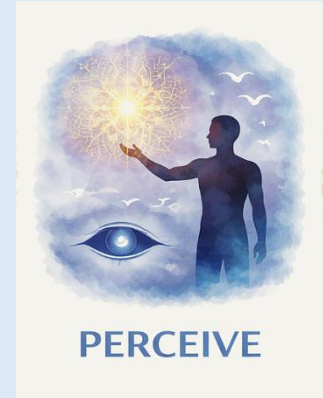
- trust intuitive awareness
- interpret symbolic insight
- explore consciousness safely
- develop intuitive perception

Courses

AH-05 Consciousness, Spiritual Awareness & Higher Self - 15 hours

AH-06 Developing Intuitive Awareness – 15 hours

AH-07 Exploring Subtle Awareness & Non-Ordinary Experience – 15 hours



Level 4 – Embody

Conscious Living with Spiritual Awareness in everyday life.

Students learn to:

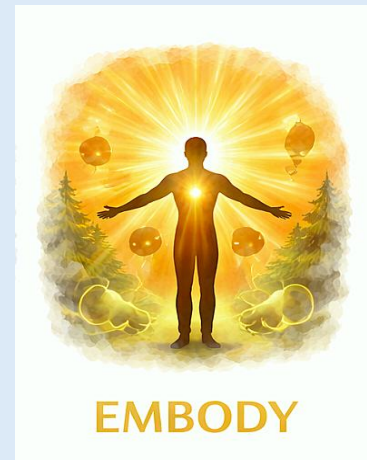
- embody spiritual values
- work with energy awareness
- integrate sound and vibration practices
- apply insight to daily life

Courses

AH-08 Foundations of Energy Awareness - 15 hours

AH-09 Sound, Vibration & Conscious Expression – 10 hours

AH-10 Embodying Your Higher Values & Conscious Living – 15 hours



The Awakened Human Program™ Total Hours – 155

FEES

Awakened Human Program – Tuition - \$3,200

Administrative Fee + Material Fees - \$ 185

Awakened Human Program Diploma - included

The Awakened Human Program™ replaces the former Discovering the Total Self Program. Students with completed Total Self credits but have not completed the Total Self Program may apply them to The Awakened Human Program™ no later than March 31, 2028.

To Explore The Awakened Human Program and read further about the four Levels go to:

<https://www.transformationalarts.ca/awakened-human-program-2/>

Awareness • Integrate • Perceive • Embody

Certification Pathway

Students who have completed the full 'The Awakened Human Program™' and met all requirements may apply for entry into the Certification Pathway. Encompasses a minimum of 50 additional training hours.

To achieve Certification students will be required to complete any two (2) of the list below:

- Reflective journal
- Practical exercises
- A four day Retreat (being considered)
- Final integration project
- Case Studies
- Practicum
- Co-teaching – teacher training
- Ethics
- Training in Mediumship, Astrology and/or Tarot.

Upon successful completion you will be granted the opportunity to use the title of

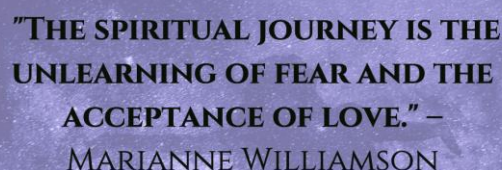
Certified Spiritual Practitioner.

Fee for Certification Program - \$1,000 + HST

Not included (if offered) is the 4-day Retreat

Refer to the link below for further information

<https://www.transformationalarts.ca/awakened-human-program-2/>



**"THE SPIRITUAL JOURNEY IS THE
UNLEARNING OF FEAR AND THE
ACCEPTANCE OF LOVE." –
MARIANNE WILLIAMSON**



Life Coaching Certificate Training Program

Do you enjoy helping people?

You are a naturally supportive person who loves to see people succeed.

Do you have a knack for strategic thinking? You easily help people stay on track.

You are a positive, energetic person, a good motivator and seize opportunities when they present themselves.

If you relate to the above statements, Coaching may be just the career that will give you the fulfillment you are seeking. Whether working as a Coach Full-time, Part-time or discovering the advantages of Coaching for yourself personally, the benefits are substantial as you would be joining a **\$6 billion a year industry**.

Coaching is a rapidly growing industry that is dynamic and transformative. Its processes and techniques empower individuals, enhancing their personal and professional lives by developing essential skills and overcoming challenges. As a **Life Coach**, you play a crucial role in guiding clients toward achieving their goals, gaining clarity, and cultivating a fulfilling life. Our training goes beyond traditional coaching by focusing on practical, actionable steps that help clients build resilience, improve decision-making, and navigate life's complexities with confidence. The positive impact of **Life Coaching** is profound, as it equips individuals with the tools they need to thrive in all areas of their lives, from relationships and career to personal growth and well-being.

Training to become a **Life Coach** offers significant advantages for those pursuing this rewarding career. During training you will:

- ✚ gain a deep understanding of the core competencies required to coach effectively.
- ✚ develop communication, empathy, and problem-solving skills.
- ✚ have the opportunity to develop your own life skills, enhancing your ability to connect with clients and guide them through their personal journeys.
- ✚ learn to create tailored strategies that address each client's unique needs, empowering them to overcome obstacles and achieve their full potential.
- ✚ the skills you acquire during your coaching training will enrich your own life, enabling you to lead with greater self-awareness and purpose.



Transformational Arts College of Spiritual and Holistic Training

Since
1988

Transformational Arts presents an evidence-based psycho-spiritual approach to **Life Coaching** using experiential participation, dyad work and role plays. A definite bonus is participants will be able to identify an area of their own life, be it personal, professional or business that they would like to change and will be coached by other participants in the program. Students will also be required to do 2 case studies with non-student clients that will be evaluated through progress reports.

Life Coaching empowers clients to take control of their lives, make informed choices, and achieve lasting success and fulfillment.

This 36-hour **ON-LINE** course covers:

- ✚ Coaching vs. Psychotherapy
- ✚ Developing a vision and setting goals
- ✚ Passions and motivators
- ✚ Fear of failure/fear of success.
- ✚ Moving from the comfort zone to fear, to change and success
- ✚ Listening and communication skills
- ✚ Addressing client resistance to growth
- ✚ Spiritual Coaching
- ✚ Importance of the Coaching Relationship
- ✚ Ethics and Professional Coaching
- ✚ Skills, traits & tools of an effective coach

"Coaching is unlocking people's potential to maximize their own performance. It is more often helping them to learn rather than teaching them."

- John

Course Code: COA-CER

Starting Date: Tuesday, April 28, 2026

Time: Tuesdays 6:30 to 9:30 PM

Instructor: Gord Riddell RP, Registered Psychotherapist, Life Coach, Spiritual Director, and President of Transformational Arts College. He is also the creator of the Coaching Program.

Fee: \$1080. + HST

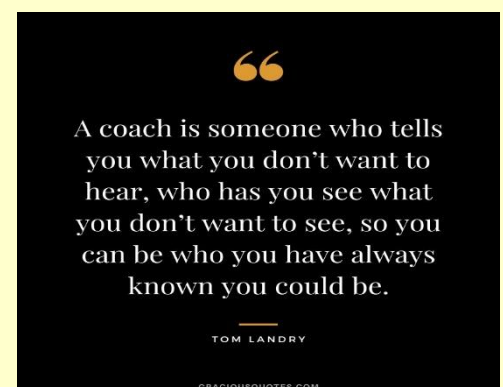
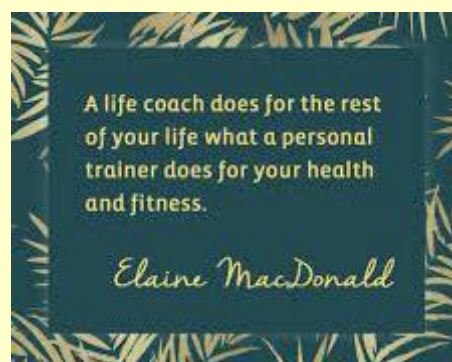
Deposit Fee: A \$300 non-refundable deposit is required to reserve your space.

Administrative Fee: \$150, plus Material Fees of \$35.

Note: Upon successful completion of all assignments a certificate will be awarded.
In addition to assignments – 90% class attendance is required.

Register Here: <https://www.transformationalarts.ca/product-category/coaching-certificate/>

Or call Linda Kuschnir – 416-484-0454 ext. 1 or email: lindak@transformationalarts.com



SPIRITUAL DIRECTOR TRAINING DIPLOMA PROGRAM

**NEW – Spiritual Director is now established as a combined independent study hybrid program. Unit 1 and Unit 2 may now be taken as independent studies.
Asynchronous - your time – your way.**

Start Anytime – Just register and you are good to start. 4 Units 120 hours

This program is ideal for individuals who want to guide and support others on their spiritual journey and who wish to take a look at their own personal spiritual beliefs and practices. This area of study is very useful for Psychotherapists and Counsellors since many clients seek direction on their spiritual issues as well.

Unit 1 - Our Mystical Search – Various Instructors Sept to Dec 2025

Unit 2 - Divine Guidance, Ritual and Ceremony – Kuschnir, Litvinova, Riddell

Unit 3 - Mindful Living: Conscious Dying – Certificate - Riddell

Unit 4 - Working with the Soul – Kuschnir, Riddell

UNIT 1 - OUR MYSTICAL SEARCH - 39 hours

Start Date: Your Timing – Check your Calendar

Register and Relish the Journey!

Explore our spiritual history and traditions, leading us to examine the commonalities of spiritual experience globally. We must understand our Client's birth religion to work with them effectively as Spiritual Directors.

In Unit 1 you will experience:

Spiritual Journeys:

- + On becoming a Spiritual Director
- + Buddhism
- + Hinduism
- + Islam- Sufism
- + Christianity – Early Mystics and Saints
- + Judaism – Kabbalah
- + Diversity and Spirituality
- + Indigenous – Native Spirituality
- + Wicca/Pagan/Goddess religions
- + Shamanism



Instructors all have lived-experience in the Spiritual or Faith Traditions they are teaching.

Read about the Spiritual Director Program at following link:

<https://www.transformationalarts.ca/spiritual-director-program/>

Register for Program at link below:

<https://www.transformationalarts.ca/product/tuition-spiritual-director-program/>

MEDIUMSHIP TRAINING

10 weeks

20 hours

Thursday April 23 , 2026

On-Site in Person

7 PM to 9 PM

**This course is FULL for the April 2026 class.
Next class will be offered in mid-September 2026**

This course is experiential. It is about energies and vibration. It is intended to lift participants up from a place of hiding their abilities to owning and embracing those abilities. Mediumship expressed through healing, clairvoyance, clairaudience, clairsentience, psychometry, inspirational speaking, writing and art will all be worked with. Overcoming fears that may be present and moving through any blockages that may be holding your mediumship abilities back.

Who is this course for? Anyone with a committed interest in developing their mediumship skills. Best for those who have had some experience but find them hit and miss and/or have trouble regulating the flow of energy and information. Anyone with experiences that were frightening that may be holding you back. A commitment to the group (class) and to Spirit is important. While things can happen in our lives, being present in class is honouring to all.

Course length: 10 weeks **Class size is limited to 8 people**

When: Start Date: Thursday April 23, 2026 **CLASS FULL** Next Class is mid-September 2026

Time: 7 pm to 9 pm EST

Note: At the end of the 10 weeks, those who wish to carry-on will be able to do so at a reduced rate. **Fee:** \$600 + HST first 10-week cycle. Talk to us about payment options.

Returning students Fee: \$350.00 + HST

Deposit: A deposit of \$150.00 is required for registration

The course is in person and held at a private residence in the Yonge and Bloor area. Close to the TTC subway and free visitor parking is available. South of Bloor off of Church St.

Instructor: Gord Riddell RP, BSSc. - is President and Co-Founder of Transformational Arts College. He is a Registered Psychotherapist, Spiritual Director, End of Life Care Specialist and Life Coach. Raised in a Spiritualist family, he began working with energies at age 8. Under the mentorship of his Grandmother, an ordained Church Pastor, he assisted in healing circles, lecturing and then giving messages from Spirit in various Church services. He was ordained in 1982. Gord has travelled internationally as a lecturer as well as a medium, from Toronto to Vancouver, Buffalo, Lilydale NY, New York City and over to the UK, Egypt and Spain. Humorous and astute, he can assist you in your spiritual development.

To Apply please contact :

Linda Kuschnir at 416-484-0454 ext 1 or email: lindak@transformationalarts.com

Note: A short chat with Gord Riddell may be required before registering for this course

<https://www.transformationalarts.ca/product/new-mediumship-course/>



Testimonials

What people are saying:

"I continue to reflect on just what a truly profound impact the weekly sessions have had on my development as a person.

If I reflect at the level of growth that these several weeks offered versus the many years of "passive" education I have endured through traditional education paths or the traditional career path, I am astounded by what this course could bring out and I am so grateful

It has been one of the most profound learning experiences in my life so far.

(Mediumship Training Course)

- Maria S

Thank you for such a great class. I appreciate the detailed information shared with us, and the clear desire for us to succeed, but also your calm, compassionate and positive nature. There was always a nice vibe going in class.

(Coaching Certificate Course)

Manuella C.

"The day the power of love overrules the love of power, the world will know peace."

- Mahatma Gandhi

"The best and most beautiful things in the world cannot be seen or even touched - they must be felt with the heart".

- Helen Keller



Transformational Arts College of Spiritual and Holistic Training

Contact Page

Transformational Arts College of Spiritual and Holistic Training

Website: <https://www.transformationalarts.ca/>

Phone : [416-484-0454 ext 1](tel:416-484-0454)

Direct contact – Linda Kuschnir e-mail : lindak@transformationalarts.com

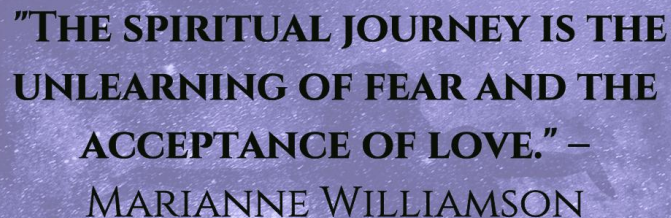
Phone : 416-484-0454 ext 1

We are located in Toronto, Ontario, Canada

Open to all students on a spiritual journey from anywhere
on our gorgeous planet Earth.

Registration and Payment for courses and programs can be done on line using
PayPal or by Visa or MasterCard OR

Via e-transfer please send to : prigby@transformationalarts.com



**"THE SPIRITUAL JOURNEY IS THE
UNLEARNING OF FEAR AND THE
ACCEPTANCE OF LOVE." –
MARIANNE WILLIAMSON**

Awaken Awareness • Trust Your Intuition • Live with Purpose