

COACHING CERTIFICATE PROGRAM

October 13 to January 12, 2026

Dated: October 2, 2026

ALL CLASSES ARE ONLINE, INSTRUCTOR-LED

Date and Time / Attendance	Subject and Instructor	Notes
Tuesday October 13, 2026 6:30 to 9:30 PM	(1) What is Coaching: Therapy vs. Coaching Gord Riddell	
Tuesday October 20, 2026 6:30 to 9:30 PM	(2) Mind Mapping & (3) Small Steps → Larger Vision with Gord Riddell	
Tuesday October 27, 2026 6:30 to 9:30 PM	(3) Mind Mapping & (3) Small Steps → Larger Vision with Gord Riddell	
Tuesday November 3, 2026 6:30 to 9:30 PM	(4) Coaching from the Soul: Passions / Motivators with Gord Riddell	
Tuesday November 10, 2026 6:30 to 9:30 PM	(5) Fear – Your Comfort Zone / Conflict Resolution Role Play with Gord Riddell	
Tuesday November 17, 2026 6:30 to 9:30 PM	(6) Fear of Failure/Success with Gord Riddell	
Tuesday, November 24, 2026 6:30 to 9:30 PM	(7) Listening Skills /Communication with Gord Riddell	Case studies assigned
Tuesday December 1, 2026 6:30 to 9:30 PM	(8) Intake Assessment / Flow with Gord Riddell	
Tuesday December 8, 2026 6:30 to 9:30 PM	(9) Round Table – Case Study Review with Gord Riddell	Case studies assigned

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Tuesday December 15, 2026 6:30 to 9:30 PM	(10) Relationship Theory / Resistance to Growth with Gord Riddell	
Tuesday January 5, 2027 6:30 to 9:30 PM	(11) Challenging Your Client – Too Busy – No Time / Role Plays with Gord Riddell	
Tuesday January 12, 2027 6:30 to 9:30 PM	(12) Round Table – Case Study Review, taking Notes, Fees, Ethics - <i>All assignments must be handed in</i> with Gord Riddell	

LIST OF ASSIGNMENTS:

<u>Assignment</u>	<u>Due Date</u>	
First case study	Tues. Dec. 8, 2026 (class 9)	
Intake Assignment	Tues. Dec. 8, 2026 (class 9)	
What have you discovered about: Yourself? Coaching?	Tues. Dec. 8, 2026 (class 9)	
Second case study	Tues. Feb. 27, 2027	
The coaching experience Write up on your goal Write up on your in-class coach	Tues. Feb. 27, 2027	

Certificates Issued after all graduation requirements have been successfully completed.

FOOTNOTES :